



Instant Recorder



Recurring Orders

Lot # and Expiration
Date Printed on
bottom of Bottle
V6R1

Suggested Use: For adults only. Take two (2) capsules a day with food. Do not take this supplement within one hour of taking medications. Do not exceed the recommended dose.

CAUTION: Women who are pregnant or lactating and anyone taking medications should consult a health care professional before using any nutritional product. If any adverse reactions occur, discontinue use and consult a health care professional.

**KEEP OUT OF THE REACH OF CHILDREN
DO NOT USE IF SAFETY SEAL IS
DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.**

IRON WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under size(6)

KEEP OUT OF THE REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

***These statements have not been
evaluated by the Food and Drug
Administration. This product is
not intended to diagnose, treat,
cure or prevent any disease.**



HAIR SKIN & NAILS

BEAUTY

DIETARY SUPPLEMENT

60 CAPSULES

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

Amount Per Serving		%DV		
Vitamin A (as Beta-carotene)	120 mcg RAE	13%	Magnesium (as Magnesium Oxide)	120 mg 29%
Vitamin C (as Ascorbic acid)	120 mg	133%	Zinc (as Zinc Oxide)	7mg 64%
Calcium (as Calcium carbonate)	80 mg	6%	Manganese (as Manganese amino acid chelate)	4 mg 174%
Iron (as Ferrous fumarate)	14.5 mg	81%	Potassium (as Potassium gluconate)	12mg <1%
Vitamin D3 (as Cholecalciferol)	20 mcg	100%	Proprietary Blend:	409 mg **
Vitamin E (as DL-Alpha tocopherol acetate)	14 mg	93%	PABA, L-Tyrosine HCL, Horsetail extract (Equisetum arvense L.)(Whole herb), Fo-Ti (Polygonum multiflorum)(root), Bamboo extract (Phyllostachys viridis)(leaf), Nettle root (Urtica dioica L.), Peony (Paeonia lactiflora)(root), Spirulina (Arthrospira platensis)(whole plant), Saw palmetto (Serenoa repens)(fruit), Plant sterols (Glycine max)(seed), Alfalfa (Medicago sativa)(herb), Barley grass (Hordeum vulgare L.)(aerial)	
Vitamin B1 (as Thiamine mononitrate)	6 mg	500%		
Vitamin B6 (as Pyridoxine HCL)	8 mg	471%		
Folate	1,467 mcg DFE (880 mcg Folic Acid)	367%		
Vitamin B12 (as Cyanocobalamin)	12 mcg	500%		
Biotin	600 mcg	2,000%		
Vitamin B5 (as D-Calcium pantothenate)	30 mg	600%		

**** Daily Value (DV) Not Established**

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Inactive Ingredients: Cellulose (Vegetable Capsule), Rice Flour, Magnesium Stearate, Silicon Dioxide.

Contains: Soy

DISTRIBUTED BY: DAILY NUTRITION
4989 SOUTH STATE STREET #57844 | SALT LAKE CITY, UTAH 84157

1888.903.2459

WWW.DAILYNUTRITIONSHOPPING.COM