

From the moment raw ingredients reach our facilities to the time a finished supplement is packaged, stringent analysis confirms the potency, purity and nutritional content of every nutritional product that bears the Vitamin World name. *We guarantee it!*

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish, Sodium Free.

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# 5-HTP L-5-Hydroxy Tryptophan 100MG Peak X Free

**Promotes Calming & Relaxation\***  
Pro-Serotonin neurotransmitter

Dietary Supplement

**120 RAPID RELEASE  
CAPSULES**

TO REORDER PROD. # 5317  
[www.vitaminworld.com](http://www.vitaminworld.com)  
1-800-228-4533

Carefully Manufactured by  
Vitamin World, Inc.  
Ronkonkoma, NY 11779 U.S.A.  
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**DIRECTIONS:** For adults, take one (1) capsule twice daily as needed or at bedtime as 5-HTP may produce drowsiness.

## Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
Niacin (as Niacinamide)	5 mg 25%
Vitamin B-6 (as Pyridoxine Hydrochloride)	5 mg 250%
Magnesium (as Magnesium Oxide)	25 mg 6%
5-HTP (from Griffonia Extract) ( <i>Griffonia simplicifolia</i> ) (seed)	100 mg **
Valerian ( <i>Valeriana officinalis</i> ) (root)	50 mg **

\*\*Daily Value not established.

**Other Ingredients:** Dicalcium Phosphate, Gelatin, Silica, Vegetable Magnesium Stearate.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.