

RELAX + RESTORE + RECOVER**

Sleep quality before and after exercise dramatically impacts performance and recovery. Get a restful night's sleep with this relaxing combo of L-Theanine, GABA, and magnesium glycinate. Wake up restored to conquer the next training session.**

10g Collagen	400MG GABA	230MG Magnesium Glycinate	200MG L-Theanine
50MG 5-HTP	B Vitamins	50MG L-Tryptophan	2g Total Sugars
 Soy Free	 Dairy Free	 No Synthetic Colors	 No Added Sugars**

per serving

 **vitalproteins.com** #stayvital

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Notice: Use this product as a food supplement only. Do not use for weight reduction.

RESTORE+
DEEP SLEEP



10g
COLLAGEN

230MG
MAGNESIUM

400MG
GABA
per serving



VITAL PERFORMANCE™

SLEEP

ORANGE VANILLA

FLAVORED WITH OTHER NATURAL FLAVORS

GABA	5-HTP	B VITAMINS
MAGNESIUM GLYCINATE	L-THEANINE	

DIETARY SUPPLEMENT

NET WT 13.6 OZ (385 g)

Supplement Facts

Serving Size 1 Scoop (19g)
Servings Per Container About 20

	Amount Per Serving	% Daily Value
Calories	50	
Total Carbohydrate	4 g	1%*
Total Sugars	2 g	**
Protein	9 g	0%*
Vitamin D3 (as cholecalciferol)	5.2 mcg	26%
Niacin (as niacinamide)	7 mg NE	44%
Vitamin B6 (as Pyridoxine HCl)	5 mg	294%
Folate	200 mcg DFE (120 mcg Folic Acid)	50%
Vitamin B12 (as cyanocobalamin)	2.4 mcg	100%
Magnesium (as magnesium lysinate glycinate chelate) (TRAACS®)	230 mg	55%
Selenium	27.5 mcg	50%
Sodium	65 mg	3%
Potassium	55 mg	1%
Collagen peptides (from bovine)	10 g	**
GABA (gamma-aminobutyric acid)	400 mg	**
L-Theanine	200 mg	**
5-HTP (5-Hydroxytryptophan from Griffonia simplicifolia seed extract)	50 mg	**
L-Tryptophan	50 mg	**
Organic mustard seed extract	11 mg	**

*Percent Daily Values (DV) are based on a 2,000 calorie diet
**Daily Value not established

Other Ingredients: Natural flavors, coconut water powder, citric acid, silica

CONTAINS: COCONUT (TREE NUTS)

Manufactured by: Vital Proteins LLC, 3400 Wolf Road Ste 200, Franklin Park, IL 60131

^^Not a low calorie food. See nutrition information for sugar and calorie content.

This product is manufactured in a facility that processes milk, fish, tree nuts, wheatgrass and peanuts.

Directions: Combine 1 scoop with 8 fl oz of hot liquid, mix thoroughly.

KEEP OUT OF REACH OF CHILDREN

Do not consume with alcohol.

Do not take while operating a motor vehicle or machinery.

If you are pregnant, nursing or have a medical condition, consult your physician before use.

Storage Information: Store in a cool, dry place

Do not use if safety seal is broken or missing.

TRAACS® is a registered trademark of Albion Laboratories, Inc.

Made with Orgen® brand ingredients from Orgenetics, Inc.

TYPICAL AMINO ACID PROFILE

(From tryptophan and naturally occurring amino acids in collagen)

Alanine	731 mg	Lysine†	307 mg
Arginine	759 mg	Methionine†	54 mg
Aspartic Acid	596 mg	Phenylalanine†	190 mg
Glutamic Acid	1120 mg	Proline	1038 mg
Glycine	1860 mg	Serine	307 mg
Histidine†	72 mg	Threonine†	172 mg
Hydroxylysine	109 mg	Tryptophan†	50 mg
Hydroxyproline	1029 mg	Tyrosine	45 mg
Isoleucine†	136 mg	Valine†	217 mg
Leucine†	262 mg		

†Essential Amino Acids †Branched-Chain Amino Acids (BCAAs)

Made with Vital Proteins
Proprietary Bovine Hide
Collagen Peptides

WHOLE30
approved

