

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, children ages 2 to 3, take 1 chewable tablet daily, with a meal. Ages 4 and up, take 2 chewable tablets daily, with a meal.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.
Product may have a mottled appearance

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



Scan to learn about our hypoallergenic supplements



PurePals (with iron)

No added sugar or fructose;
Chewable daily multivitamin/mineral formula[†]

Natural cherry flavor

Gluten-free, Non-GMO
& Hypoallergenic

Dietary Supplement
90 CHEWABLE TABLETS

Supplement Facts

Serving size	1 tablet (ages 2 to 3)	2 tablets (ages 4 and up)		
Servings per container	90	45		
	Amount Per Serving	% DV	Amount Per Serving	% DV
Calories	3		6	
Total Carbohydrate	1 g	1%^^	2 g	<1% [^]
Sugar Alcohols	1 g	*	2 g	*
Vitamin A (as vitamin A palmitate and 73% beta carotene)	510 mcg	170%	1,020 mcg	113%
Vitamin C (as ascorbic acid, calcium ascorbate and magnesium ascorbate)	125 mg	833%	250 mg	278%
Vitamin D (as cholecalciferol) (D ₃)	5 mcg (200 IU)	33%	10 mcg (400 IU)	50%
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	8 mg	134%	16 mg	107%
Thiamin (as thiamin mononitrate) (B ₁)	1.5 mg	300%	3 mg	250%
Riboflavin (vitamin B ₂)	0.85 mg	170%	1.7 mg	131%
Niacin (as niacinamide)	7 mg	117%	14 mg	88%
Vitamin B ₆ (as pyridoxine HCl)	1 mg	200%	2 mg	118%
Folate (as folic acid)	333 mcg DFE (200 mcg folic acid)	222%	667 mcg DFE (400 mcg folic acid)	167%
Vitamin B ₁₂ (as methylcobalamin)	3 mcg	333%	6 mcg	250%
Biotin	150 mcg	1,875%	300 mcg	1,000%

Other ingredients: xylitol, natural cherry flavor, vegetable oil esters, malic acid, ascorbyl palmitate, red beet root juice, silica, lo han (*Momordica grosvenorii*) extract (fruit)

Pantothenic acid (as calcium pantothenate) (B ₅)	6 mg	300%	12 mg	240%
Choline (as choline bitartrate)	20 mg	10%	40 mg	7%
Calcium (as calcium citrate and calcium ascorbate)	50 mg	7%	100 mg	8%
Iron (as iron tris-glycinate)	4.5 mg	64%	9 mg	50%
Iodine (from kelp)	75 mcg	8%	15 mcg	10%
Magnesium (as magnesium aspartate and magnesium ascorbate)	20 mg	25%	40 mg	10%
Zinc (as zinc aspartate)	1 mg	33%	2 mg	18%
Selenium	20 mcg	100%	40 mcg	73%
(as selenium amino acid chelate)				
Copper (as copper amino acid chelate)	100 mcg	33%	200 mcg	22%
Manganese (as manganese amino acid chelate)	1 mg	83%	2 mg	87%
Chromium (as chromium picolinate)	20 mcg	182%	40 mcg	114%
Molybdenum (as molybdenum amino acid chelate)	2.5 mcg	15%	5 mcg	11%
Potassium (as potassium aspartate)	5 mg	*	10 mg	<1%
Citrus bioflavonoids	5 mg	*	10 mg	*
Boron (as boron citrate)	10 mcg	*	20 mcg	*
Vanadium (as vanadium krebs cycle chelate)	1.5 mcg	*	3 mcg	*

* Daily value (DV) not established
[^] Percent daily values are based on a 2,000 calorie diet
^{^^} Percent daily values are based on a 1,000 calorie diet