

CHILDREN UNDER 12 YEARS OF AGE, PREGNANT WOMEN OR NURSING MOTHERS, OR ANYONE WITH A MEDICAL CONDITION SHOULD CONSULT WITH A PHYSICIAN BEFORE TAKING THIS PRODUCT. KEEP OUT OF REACH OF CHILDREN.

[∞]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

added preservatives. NOTE: Valerian has a distinctive natural aroma.

Recent clinical research on the herb valerian reveals it may improve sleep quality and ease occasional sleeplessness. [∞] This exclusive NUTRILITE[®] formula contains a unique blend of standardized valerian extract plus whole valerian root extract for broad true-to-the-plant benefits. It also contains hops and lemon balm for their mild calming effects, plus the exclusive NUTRILITE Citrus Bioflavonoid Complex. [∞] This product contains no artificial flavors, colors or added preservatives. NOTE: Valerian has a distinctive natural aroma.

 NUTRILITE[®]



Sleep Health[®]

Helps you Relax to Fall Asleep[®]

DIETARY SUPPLEMENT



3 TABLETS AT BEDTIME

90 Tablets

SUGGESTED USE: Take three tablets before bedtime.

Supplement Facts

Serving Size: 3 Tablets

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Standardized Valerian Root Extract (0.8% valerenic acids)	450 mg	†
Valerian Whole Root Extract	150 mg	†
Lemon Balm Extract (leaf)	150 mg	†
Hops Extract (cone)	100 mg	†
Citrus Bioflavonoid Concentrate (grapefruit, mandarin, lemon)	100 mg	†
† Daily Value not established.		

OTHER INGREDIENTS: Microcrystalline Cellulose, Maltodextrin, Corn Starch, Stearic Acid (From Soy), Sodium Carboxymethylcellulose, Hydroxypropyl Methylcellulose, Silicon Dioxide, Glycerin, Natural Flavor.

Dist. by Amway Corp., Ada, MI 49355

For Questions: 1-800-253-6500

Amway.com/Nutrilite

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