

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 3 capsules, 1-2 times daily, with meals.

Warning: Take with food. If you have liver problems, consult your health professional before use. Vitamin K may be contraindicated with Coumadin (Warfarin). If you are pregnant or lactating, have any health condition or are taking any medication, particularly blood thinning medication, consult your health professional before use.

Keep out of the reach of children.

*Provides weight management support as part of a healthy lifestyle with a reduced calorie diet and regular exercise.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Scan to learn about our hypoallergenic supplements



Use only if safety seal is intact.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Certified Gluten-Free by the Gluten-Free Certification Organization, www.gluten.org



PureLean® Nutrients

Multivitamin/mineral formula for healthy weight management^{††}

Gluten-free, Non-GMO
& Hypoallergenic

Dietary Supplement

180 CAPSULES



Supplement Facts

Serving size 3 capsules
Servings per container 60

	Amount Per Serving	%DV
Vitamin A (as beta carotene)	1,125 mcg	125%
Vitamin C (as ascorbic acid and as 50% PureWay-C®)	250 mg	278%
Vitamin D (as cholecalciferol) (D ₃)	25 mcg (1,000 IU)	125%
Vitamin E (as d-alpha tocopherol succinate)	34 mg	223%
Vitamin K (as vitamin K ₁)	50 mcg	42%
Thiamin (as thiamin HCl) (B ₁)	12.5 mg	1,042%
Riboflavin (as vitamin B ₂ and 28% riboflavin 5' phosphate (activated B ₂))	17.35 mg	1,335%
Niacin (as niacin and 67% niacinamide)	37.5 mg	234%
Vitamin B ₆ (as pyridoxine HCl and 40% pyridoxal 5' phosphate (activated B ₆))	10.4 mg	612%
Folate (as Metafolin®, L5-MTHF)	667 mcg DFE (400 mcg L5-MTHF)	167%
Vitamin B ₁₂ (as methylcobalamin)	250 mcg	10,417%
Biotin	1,500 mcg	5,000%
Pantothenic acid (as calcium pantothenate) (B ₅)	25 mg	500%
Choline (as choline bitartrate)	20 mg	4%
Calcium (as calcium citrate)	75 mg	6%
Iodine (as potassium iodide)	100 mcg	67%
Magnesium (as magnesium citrate)	75 mg	18%
Zinc (as zinc citrate)	75 mg	68%
Selenium (as selenomethionine)	35 mcg	64%
Copper (as copper glycinate)	1 mg	111%
Manganese (as manganese citrate)	1 mg	43%
Chromium (as 50% ChromeMate® chromium polynicotinate and 50% Zychrome® chromium dinicocysteinate)	200 mcg	571%
Potassium (as potassium citrate)	50 mg	1%
Boron (as boron glycinate)	1 mg	*
Vanadium (as bis-glycinato oxo vanadium)	50 mcg	*
Inositol	62 mg	*
Proprietary mixed carotenoid blend (as lutein, lycopene, zeaxanthin)	212 mcg	*
MacularSynergy Complex*		
FloraGLO® lutein	3 mg	*
Zeaxanthin	500 mcg	*
Metabolic GlycoPlex*		
Alpha lipoic acid (thioctic acid)	150 mg	*
Cinnamon (Cinnamomum cassia) extract (dried bark)	50 mg	*
L-Carnosine (beta-alanyl-L-histidine)	25 mg	*
Metabolic LipidPlex*		
Taurine (free-form)	150 mg	*
Green tea (Camellia sinensis) extract (leaf) (providing 23% epigallocatechin gallate (EGCG))	50 mg	*
Indian kino tree (Pterocarpus marsupium) extract (heart wood) (standardized to contain 5% pterostilbene)	25 mg	*

* Daily value (DV) not established

Other ingredients: vegetarian capsule (cellulose, water), hypoallergenic plant fiber (cellulose), ascorbyl palmitate, rice bran wax, citrus bioflavonoids

CinSulin® is a registered trademark of Beijing Tang-An Nutrition & Healthcare Products Co., Ltd.

Zychrome® brand chromium dinicocysteinate, Zychrome® & logo are trademarks of Lonza or its affiliates.

PureWay-C® is a trademark of Innovation Laboratories, Inc., and is used here under license. U.S. and International patent pending.

CHROME MATE® ChromeMate® brand niacin-bound chromium. ChromeMate® & logo are trademarks of Lonza or its affiliates.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

FloraGLO LUTEIN® FloraGLO is a registered trademark of Kemlin Industries, Inc.

Zeaxanthin is sourced from OPTISHARP® brand. OPTISHARP® is a trademark of DSM.