

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1 capsule daily, with a meal.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.



Scan to learn about
our hypoallergenic
supplements

Use only if safety
seal is intact.

Contents may not fill
package in order to
accommodate required
labeling. Please rely on
stated quantity.

Certified Gluten-Free by
the Gluten-Free
Certification Organization,
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encapsulations®

O.N.E.™ Multivitamin

*Once-daily Nutrient Essentials with sustained-release
CoQ10; Multivitamin/mineral formula for daily wellness†*

**Gluten-free, Non-GMO
& Hypoallergenic**
Dietary Supplement
60 CAPSULES



Supplement Facts

Serving size 1 capsule
Servings per container 60

	Amount Per Serving	%DV
Vitamin A (as vitamin A acetate and 73% beta carotene)	1,125 mcg	125%
Vitamin C (as ascorbic acid)	180 mg	200%
Vitamin D (as cholecalciferol) (D ₃)	50 mcg (2,000 IU)	250%
Vitamin E (as d-alpha tocopherol succinate)	20 mg	134%
Thiamin (as thiamin HCl) (B ₁)	3 mg	250%
Riboflavin (as vitamin B ₂ and 43% riboflavin 5' phosphate (activated B ₂))	3 mg	231%
Niacin (as niacinamide)	20 mg	125%
Vitamin B ₆ (as pyridoxine HCl and 38% pyridoxal 5' phosphate (activated B ₆))	4 mg	235%
Folate (as Metafolin®, L-5-MTHF)	667 mcg DFE (400 mcg L-5-MTHF)	167%
Vitamin B ₁₂ (as methylcobalamin)	500 mcg	20,833%
Biotin	300 mcg	1,000%

Other ingredients: vegetarian capsule (cellulose, water), hypoallergenic plant fiber (cellulose), ascorbyl palmitate, potato starch
Product may have a mottled appearance.



ChromEMate® brand niacin-bound chromium.
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Pantothenic acid (as calcium pantothenate) (B ₅)	10 mg	200%
Choline (as choline bitartrate)	25 mg	5%
Iodine (as potassium iodide)	150 mcg	100%
Zinc (as zinc citrate)	25 mg	227%
Selenium (as selenomethionine)	70 mcg	127%
Manganese (as manganese citrate)	2 mg	87%
Chromium (as chromium polynicotinate)	200 mcg	571%
Molybdenum (as TRAACS® molybdenum glycinate chelate)	75 mcg	167%
Boron (as boron glycinate)	1 mg	*
Inositol	25 mg	*
CoenzymeQ ₁₀ (as CoQ ₁₀ and as 18% from sustained-release MicroActive® Q ₁₀ -cyclodextrin complex)	50 mg	*
Alpha lipoic acid	50 mg	*
FloraGLO® lutein	3 mg	*
Zeaxanthin	500 mcg	*
Lycopene	500 mcg	*

* Daily value (DV) not established

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

MicroActive® is a registered trademark of BioActives, LLC.

Zeaxanthin is sourced from OPTISHARP® brand.
OPTISHARP® is a trademark of DSM.

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†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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code: **ONE6**