

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1 capsule daily, with a meal.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

Zeaxanthin is sourced from OPTISHARP® brand. OPTISHARP® is a trademark of DSM.

TRAACS™ is a trademark of Albion Laboratories, Inc.



Scan to learn about our
hypoallergenic supplements

Use only if safety
seal is intact.

Contents may not fill
package in order to
accommodate required
labeling. Please rely on
stated quantity.

Certified Gluten-Free
by the Gluten-Free
Certification
Organization,
www.gluten.org



O.N.E.™ Multivitamin

*Once-daily Nutrient Essentials with sustained
release CoQ10; Multivitamin/mineral formula
for daily wellness**

**Gluten-free, Non-GMO
& Hypoallergenic**

Dietary Supplement

30 CAPSULES



Supplement Facts

Serving size 1 capsule

Servings per container 30

	Amount Per Serving	%DV
Vitamin A (as vitamin A acetate and 73% beta carotene)	1,125 mcg	125%
Vitamin C (as ascorbic acid)	180 mg	200%
Vitamin D (as cholecalciferol) (D ₃)	50 mcg (2,000 IU)	250%
Vitamin E (as d-alpha tocopherol succinate)	20 mg	134%
Thiamin (as thiamin HCl) (B ₁)	3 mg	250%
Riboflavin (as vitamin B ₂ and 43% riboflavin 5' phosphate (activated B ₂))	3 mg	231%
Niacin (as niacinamide)	20 mg	125%
Vitamin B ₆ (as pyridoxine HCl and 38% pyridoxal 5' phosphate (activated B ₆))	4 mg	235%
Folate (as Metafolin®, L-5-MTHF)	667 mcg DFE (400 mcg L-5-MTHF)	167%
Vitamin B ₁₂ (as methylcobalamin)	500 mcg	20,833%
Biotin	300 mcg	1,000%

Other ingredients: vegetarian capsule (cellulose, water), hypoallergenic plant fiber (cellulose), ascorbyl palmitate, potato starch
Product may have a mottled appearance.



ChromaMate® brand niacin-bound chromium. ChromaMate® & logo are trademarks of Lonza or its affiliates.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

MicroActive® is a registered trademark of BioActives, LLC

®FloraGLO is a registered trademark of Kemlin Industries, Inc.

Pantothenic acid (as calcium pantothenate) (B ₅)	10 mg	200%
Choline (as choline bitartrate)	25 mg	5%
Iodine (as potassium iodide)	150 mcg	100%
Zinc (as zinc citrate)	25 mg	227%
Selenium (as selenomethionine)	70 mcg	127%
Manganese (as manganese citrate)	2 mg	87%
Chromium (as chromium polynicotinate)	200 mcg	571%
Molybdenum (as Molybdenum Glycinate Chelate) (TRAACS™)	75 mcg	167%
Boron (as boron glycinate)	1 mg	*
Inositol	25 mg	*
Coenzyme Q ₁₀ (as CoQ ₁₀ and as 18% from sustained-release MicroActive® Q ₁₀ -cyclodextrin complex)	50 mg	*
Alpha lipoic acid	50 mg	*
FloraGLO® lutein	3 mg	*
Zeaxanthin	500 mcg	*
Lycopene	500 mcg	*

* Daily value (DV) not established