



VITAMIN WORLD[®]
get healthy.



Oil of



PEPPERMINT

Mentha piperita
Calmative Oil

Net Contents 10 mL (0.34 fl. oz.)

Vegetarian Dietary Supplement

Directions: For internal use: Pour 1-2 drops in a small amount of warm water and swallow slowly, three times daily, preferably with meals.

For external use: Enjoy the versatile and refreshing benefits of Oil of Peppermint for massage, in your bath or vaporization. For massage: dilute at a recommended rate of 5 drops of peppermint oil to 10 mL of carrier oil.

No Parabens, **No** Preservatives, **No** Mineral Oil, **No** Petroleum, **No** Artificial Color, **No** Artificial Fragrance, **No** Animal Products.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not apply to broken or irritated skin or areas affected by rashes. Discontinue use and consult your doctor if skin sensitivity occurs. Avoid contact with eyes. Do not use on children or animals. Do not use undiluted on skin. Keep out of reach of children. Store in a cool, dry place. Do not use if outer seal is broken or missing.

Supplement Facts

Serving Size 1 Drop (0.05 mL)

Servings Per Container 200

Amount Per Serving

%Daily Value

Oil of Peppermint (*Mentha piperita*) (aerial) 45 mg

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*Daily Value not established.

Ingredient: Oil of Peppermint.

Carefully Manufactured by
Vitamin World, Inc.
Ronkonkoma, NY 11779 U.S.A.

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TO REORDER PROD. # 5105

www.vitaminworld.com

1-800-228-4533

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