These Rasayanas are prepared using a traditional Ayurvedic method. They're a combination of herbs that are preserved for an indefinite amount of time in a base of Honey, Brown Rice Syrup and Ghee. The word "Rasayana" means "any substance that helps to bring about rejuvenation and youthful mental and physical energy". Tasting the herbs while consuming them stimulates the pre-digestion process and promotes greater assimilation.

Manufactured by: Ayurvedic Rasayanas 509 Siskiyou Blvd. P.O. Box 719

Ashland, OR 97520

www.ayurveda-herbs.com (541) 944 -7243

Dosage: one teaspoon per 50lbs of weight
Dietary supplement - Allergy Information: Contains Ghee made from milk.
Recommendations: Weight Management, Appetite, Kapha Reducing.



## **Supplement Facts**

Amount per serving 1tsp. (6g)	Serving per container- 50
Amount per serving: Calories 25	% Daily Values
Fat 1g Saturated Fat 1g Total Carbohydrate 4g Sugars 3g	1% 1% 1% +
Protein 0g	+
Not a significant source of Vitamin A, Vitamin C, Calcium and Iron	

Dietary ingredients: Honey, Brown rice syrup, ghee (milk, salt)

Proprietary blend of standardized extracts: Carcinia fruit (5-1), Shilajiit (75%) fulivic acid, 11% + Guggulur resin (3%), Golshura fruit (8-1), Triphala (Haritak), bibhilayii arralaki fruit) (4-1), Rhubarb root (8-1) Elecampane root (4-1), Liconice root (5-1), Sage leaf (4-1), Pippali fiutil (4-1), Tulasi root (5-1), Bacopa whole plant (8-1), Coleus root (6-1), Punamava root (8-1)

Proprietary blend of powdered herbs: Turmeric root, Black pepper, Ginger root, Clove bud, Cardamom seed, Cinnamon bark, Ajwain seed, Parsley leaf, Celery seed

Proprietary blend of pure essential oils: Tulasi root, Turmeric root, Black pepper, Ginger root, Clove bud, Sage leaf, Cinnamon bark, Ajwain seed, Parsley leaf

\*Percent Daily Values are based on a 2,000 Calorie diet. Percent daily values not established

Net weight 10.7oz (300g)

istration **WE**