These Rasayanas are prepared using a traditional Ayurvedic method. They're a combination of herbs that are preserved for an indefinite amount of time in a base of Honey, Brown Rice Syrup and Ghee. The word 'Rasayana' means 'any substance that helps to bring about rejuvenation and youthful mental and physical energy'. Tasting the herbs while consuming them stimulates the pre-digestion process and promotes greater assimilation.

Manufactured by Ayurvedic Rasayanas P.O. Box 719 Ashland, OR 97520 28684 Sutherlin Lane Eugene. OR 97405

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Dosage: one teaspoon per 50lbs of weight Dietary Supplement - Allergy Information: Contains ghee made from milk Dietary Recommendations: may help support calmness, patience, memory, sleep and balance irrilability; pitta or fire balancing.



## **Supplement Facts**

| Amount per serving 1tsp. (6g)  | Serving per container- 50  |
|--|--|
| Amount per serving: Calories 25  | % Daily Values   |
| Falt 1g<br>Saluraled Falt 1g<br>Total Carbothydrale 4g<br>Sugars 3g<br>Protein 0g  | 1%<br>1%<br>1%<br>+<br>+   |
| Not a significant source of Vitamin A, Vitamin C, Calcium and Iron   |  |
| Dietary Ingredients: Honey, Brown Rice Syrup, Chee (milk, salt)<br>Proprietary blend of standardized extracts: Gott kola plant (7:1) Be<br>root (3:1), Ashwagandha root (3:1) Shankapushpi plant (10:1) Amalaki fi<br>Ginko leaf (4:1) Jatamansi root (10:1), Licorice root (5:1) Bhringarai jr<br>Proprietary blend of powdered herbs: Sarsapanlla root, Burdock root,<br>root, Cardamom seed, Coriander seed, Hibiscus flower, Rose petals<br>Proprietary blend of pure essential oils: Peppermint leaf, Vetiver lead<br>Jatamansi root, Coriander seed, Fennel seed | fruit (5:1), Ashoka bark (8:10)<br>olant (10:1)<br>Yarrow flower, Yellow Dock<br>, Fennel seed |

\*Percent Daily Values are based on a 2,000 Calorie diet. Percent daily values not established

These statements have not been evaluated by the Food and Drug Administration.

ANTI - STRESS

This product is not intended to diagnose, treat, cure, or prevent any disease.