These Rasayanas are prepared using a traditional Ayurvedic method. They're a combination of herbs that are preserved for an indefinite amount of time in a base of Honey. Brown Rice Syrup and Ghee. The word "Rasayana" means "any substance that helps to bring about rejuvenation and youthful mental and physical energy". Tasting the herbs while consuming them stimulates the pre-digestion process and promotes greater assimilation.

Manufactured by Ayurvedic Rasayanas P.O. Box 719 Ashland, OR 97520 28684 Sutherlin Lane Eugene, OR 97405

www.ayurveda-herbs.com (541) 944 -7243

Dosage: one teaspoon per 50lbs of weight Dietary supplement: Allergy Information: Contains Ghee made from milk. Recommendations: Vata and Kapha balancing tonic, May promote nutrient absorpsion. bowels, digestion, appetite, and excess gastrointestinal movement



## Supplement Facts

Amount per serving 1tsp. (6g)	Serving per container- 50
Amount per serving: Calories 25	% Daily Values
Fat 1g	1%
Saturated Fat 1g	1%
Sodium 50mg	2%
Total Carbohydrate 3g	1%
Sugars 3q	+
Protein 0a	+

Not a significant source of Vitamin A, Vitamin C, Calcium and Iron

Dietary ingredients: Brown rice syrup, honey, ghee (milk, salt), Tamarind Fruit concentrate Proprietary blend of standardized extracts: Guduchi leaf (10:1) Pippali fruit (4:1).

Hantaki fruit (4:1), Elecampane root (3:1), Tulasi root (5:1), Coleus root (6:1)

Proprietary blend of powdered herbs: Ginger root, Black Pepper, Hawthorn berry, Turmeric root, Cardamom seed, Aiwain seed, Dill seed, Cumin seed, Coriander seed, Cinnamon bark, Anise seed, Fennel seed, Nutmeg nut, Clove bud, Garlic bulb, Damiana leaf, Cayenne fruit, Fenugreek seed, Rock salt, Celery seed, Paprika fruit, Mustard seed

Proprietary blend of pure essential oils: Black pepper, Turmeric root, Ajwain seed, Coriander seed, Cinnamon bark, Fennel seed, Nutmeg nut, Peppermint leaf, Clove bud, Tulasi leaf

\*Percent Daily Values are based on a 2,000 Calorie diet, Percent daily values not established