These Rasayanas are prepared using a traditional Ayurvedic method. They're a combination of herbs that are preserved for an indefinite amount of time in a base of Honey. Brown Rice Syrup and Ghee. The word "Rasayana" means "any substance that helps to bring about rejuvenation and youthful mental and physical energy". Tasting the herbs while consuming them stimulates the pre-digestion process and promotes greater assimilation.

Manufactured by Ayurvedic Rasayanas P.O. Box 719 Ashland, OR 97520 28684 Sutherlin Lane Eugene, OR 97405

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Dosage: one teaspoon per 50lbs of weight

Dietary supplement - Allergy Information: Contains Ghee made from milk. Dietary Recommendations: May support energy, digestion, metabolism, immune system and is kapha or earth balancing



## **Supplement Facts**

Amount per serving 1tsp. (6g)	Serving per container- 5
Amount per serving: Calories 25	% Daily Value
Fat 1g Saturated Fat 1g Total Carbohydrate 4g Sugars 3g Protein 0g	1% 1% 1% + +

Dietary Ingredients: Honey, Brown Rice Syrup, Ghee (milk, salt) Proprietary blend of standardized extracts: Ashwagandha (3:1), Shilajit (75%) Fulvic Acid, Sage leaf (4:1), Gokshura fruit (8:1), Elecampane root (3:1), Tulasi root (5:1), Pippali fruit (4:1), Garcinia fruit (2:1), Guggulu resin (3%), Licorice Root (5:1)

Proprietary blend of powdered herbs: Black Pepper, Ginger root, Cinnamon bark, Ajwain seed, Parsley leaf, Turmeric root, Dandelion root, Coriander seed, Cardamom seed, Clove flower, Green tea leaf, Triphala( amalaki, haritaki, bibitaki)

Proprietary blend of pure essential oils: Tulasi root, Sage leaf, Black pepper seed, Cinnamon bark, Aiwain seed, Parsley leaf, Ginger root, Turmeric root, Clove bud, and Coriander seed

\*Percent Daily Values are based on a 2.000 Calorie diet. Percent daily values not established