

MEN'S ENERGY COMPLETE MULTIVITAMIN

**ORCHARD FRUITS™
& GARDEN VEGGIES™**
Powder Blend (100 mg per serving)

130 TABLETS • MULTIVITAMIN SUPPLEMENT

Alive!

Nature's
Way

Recommendation: Men take 1 tablet daily, preferably with food. Not formulated for women or children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have a bleeding disorder, or if you are taking Coumadin® (warfarin) or any other medication, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Tablet

Amount per Serving	% DV
Vitamin A (as 70% [630 mcg] retinyl acetate and 30% [270 mcg] beta carotene)	100%
Vitamin C (ascorbic acid)	150%
Vitamin D3 (as cholecalciferol)	40 mcg 200%
Vitamin E (as dl-alpha tocopheryl acetate)	22.5 mg 150%
Vitamin K (as phytonadione)	120 mcg 100%
Thiamin (as thiamin mononitrate)	2.4 mg 200%
Riboflavin	2.6 mg 200%
Niacin (as niacinamide)	24 mg 150%
Vitamin B6 (as pyridoxine HCl)	4.25 mg 250%
Folate (240 mcg Folic Acid)	400 mcg DFE 100%
Vitamin B12 (as cyanocobalamin)	18 mcg 750%
Biotin	30 mcg 100%
Pantothenic Acid (as D-calcium pantothenate)	7.5 mg 150%
Calcium (as calcium carbonate, dicalcium phosphate, D-calcium pantothenate)	130 mg 10%

Other ingredients: cellulose, sodium croscarmellose, gelatin, hydroxypropyl cellulose, stearic acid, hypromellose, magnesium stearate, polydextrose, titanium dioxide color, silica, riboflavin color, medium chain triglycerides

Keep out of reach of children. Do not use if safety seal under child-resistant bottle cap is broken or missing. Keep bottle tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight. ©2020 Distributed by Nature's Way Brands, LLC, Green Bay, WI 54311 USA Bottled and tested in the USA • **Questions?** 1-800-9NATURE / feelalive.com †Trademark of its respective company.

Amount per Serving

Amount per Serving	% DV
Iodine (as potassium iodide)	150 mcg 100%
Magnesium (as magnesium oxide)	105 mg 25%
Zinc (as zinc oxide)	16.5 mg 150%
Selenium (as sodium selenate)	96 mcg 175%
Copper (as copper sulfate)	0.9 mg 100%
Manganese (as manganese sulfate)	2.3 mg 100%
Molybdenum (as sodium molybdate)	45 mcg 100%
Sodium	5 mg <1%

Orchard Fruits™ & Garden Veggies™ 100 mg
Powder Blend: Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Pear, Tomato, Raspberry, Broccoli, Cherry, Spinach, Cauliflower, Grape, Acai, Asparagus, Banana, Brussels Sprout, Cabbage, Cranberry, Cucumber, Pea, Pineapple, Pumpkin

Lycopene	600 mcg **
Boron (sodium borate)	150 mcg **
Lutein Carotenoid from FloraGLO®	100 mcg **
Aztec Marigold Extract (flower)	

**Daily Value (DV) not established.

FloraGLO
LUTEIN

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