

Best Phosphatidylserine provides the essential brain nutrient phosphatidylserine in a matrix of other phospholipids and cofactors. Phosphatidylserine and other phospholipids are structural components of brain neurons that can enhance cell-to-cell communication.* Studies have shown the ability of supplemental phosphatidylserine to support healthy cognitive function.* It may enhance healthy memory and thinking ability by facilitating neuronal communication.* Best Phosphatidylserine contains phosphatidylserine and other essential nutritional cofactors in a liquid softgel, providing added stability to these key phospholipid molecules.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for **Doctor's Best, Inc.**
San Clemente, CA 92673
(800) 777-2474 www.drbbvitamins.com



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Doctor's BEST®

Science-Based
Nutrition™

Dietary
Supplement

Best Phosphatidyl serine

PROVIDES BUILDING BLOCKS FOR HEALTHY NEURONS*
SUPPORTS HEALTHY MEMORY AND THINKING ABILITY*

100mg/60 softgels

Supplement Facts

Serving Size 1 softgel
Servings per container 60

	Amount per serving	% Daily Value**
Phospholipid Matrix™	500 mg	†
providing:		
Phosphatidylserine	100 mg	
Phosphatidylcholine	25 mg	
Glycolipids	45 mg	
Medium Chain Triglycerides (MCT)	345 mg	

** % Daily Values are based on a 2,000 calorie diet
† Daily Value not established.

Other Ingredients: Softgel capsule (gelatin, glycerin, purified water). **Contains Soy**

Suggested Adult Use: Take one softgel 3 times daily with meals.

Not Suitable for Vegetarians

CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS



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