NEXT CENTURY NUTRITION™



- SCD Legal
- Combines many essential nutrients that help support bone health*
- Made with the preferred Calcium Citrate, which is more easily absorbed

This product meets the specifications of THE SPECIFIC CARBOHYDRATE DIET

Suggested use:

Adults, take six (6) capsules daily, preferably with food and drink.



No Gluten

- No Lactose
- · No Artificial Colors No Artificial Flavors
- No Animal Derivatives
- · No Sugar or Starch
- · No Gelatin
- No Yeast

Ouestions? Comments?

Please contact us at 1-800-777-3737

Manufactured for: Freeda Health / Brooklyn, NY 11210 www.freedahealth.com

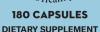






SCD Calcium Complex





Supplement Facts

Serving Size: 6 Vegetable Capsules Servings Per Container: 30

Amount Per Serving		% Daily Value
Vitamin D (as 800 IU ergocalciferol)	20 mcg	100%
Vitamin K2 (as menaquinone-7) (MK7)	100 mcg	83%
Calcium (as calcium citrate)	500 mg	38%
Magnesium (as magnesium oxide)	420 mg	100%
Manganese (as manganese gluconate	e) 2.3 mg	100%
Horsetail Stem Extract (7% Silica)	10 mg	**
Boron (as boron citrate)	2 mg	**
** Daily Value (DV) not established.		

Other ingredients: Vegetable hypromellose capsule, microcrystalline cellulose, vegetable magnesium stearate, silica,

Keep out of reach of children. Store in a cool, dry place. Do not expose to excessive heat or moisture. If you are pregnant, nursing, taking medication, or have a medical condition, consult your health care practitioner prior to using this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.