

NEXT CENTURY NUTRITION™

- Supports bone, teeth & muscle health\*
- Promotes immune health\*
- Helps promote Calcium absorption\*
- Vitamin D3 is more bioavailable than Vitamin D2
- Tiny tablet that is very easy to swallow



**Suggested use:**  
Adults, take one (1) tablet daily, preferably with food and drink.

# FREEDA®

SINCE 1928



## Vitamin D3

### 5000 IU

BONE & JOINT SUPPORT\*

Supports bone, teeth & muscle health\*

100 TABLETS

VITAMIN D SUPPLEMENT



## Supplement Facts

Serving Size: 1 Tiny Tablet

	Amount Per Tablet	% Daily Value
Vitamin D (as cholecalciferol) (5000 IU)	125 mcg	625%

- No Gluten
- No Lactose
- No Artificial Colors
- No Artificial Flavors
- No Sugar or Starch
- No Gelatin
- No Yeast

### Questions? Comments?

Please contact us at 1-800-777-3737  
Manufactured for:

**Freeda Health** / Brooklyn, NY 11210  
[www.freedahealth.com](http://www.freedahealth.com)



KOSHER PAREVE



ITEM 0370-1

**Other ingredients:** Microcrystalline cellulose, calcium phosphate, vegetable magnesium stearate, silica, croscarmellose sodium, stearic acid.

**Keep out of reach of children.** Store in a cool, dry place. Do not expose to excessive heat or moisture. If you are pregnant, nursing, taking medication, or have a medical condition, consult your health care practitioner prior to using this product.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.