

RECOMMENDATION:
Dosage cup included.
Shake well before each use.

For Daily Maintenance:
Adults: Take 2 teaspoons (tsp) (10 mL) daily. **Children 7 years of age and older:** Take 1 teaspoon (5 mL) daily.

For Intensive Use:
Adults: Take 2 teaspoons (10 mL) four times daily. **Children 7 years of age and older:** Take 1 teaspoon (5 mL) three times daily. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

◆ LG6971.A01 BLQ7603A

• Gluten Free • Vegan

CONTAINS NO:

Gluten, Dairy,
Peanuts, or
Artificial Colors



Nature's Way
sambucus®
STANDARDIZED
ELDERBERRY

SUGAR FREE SYRUP

DIETARY SUPPLEMENT
NET CONTENTS 4 FL OZ (120 mL)

Not a Low
Calorie Food

Supplement Facts

Serving Size	1 teaspoon (5 mL)	2 teaspoons (10 mL)
Servings per Container	24	12
Amount per Serving	Age 7+ % DV	Adults % DV
Calories	10	25
Total Carbohydrate	4 g 1%†	8 g 3%†
Total Sugars	0 g **	0 g **
Includes Added Sugars	0 g 0%†	0 g 0%†
Sugar Alcohol	4 g **	8 g **
Black Elder (<i>Sambucus nigra</i> L.) Extract (berry) standardized to BioActives® from 3.2 g of premium cultivar elderberries per teaspoon	50 mg **	100 mg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: sorbitol, purified water, glycerin, citric acid (preservative to maintain freshness), natural flavor, potassium sorbate (preservative to maintain freshness)

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Questions? 1-800-9NATURE / naturesway.com



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**OUR STANDARDIZED
ELDERBERRY EXTRACT IS:**

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- Vegan



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or Artificial Colors

ABOUT BLACK ELDERBERRY

For centuries, the dark berries of the European black elder (*Sambucus nigra* L.) have been traditionally used as a winter remedy for immune support*

PREMIUM ELDERBERRIES

Made with our black elderberry extract that is standardized for anthocyanins which delivers potent Flavonoid BioActives® levels. Extract has been tested for identity and potency.

SUPERIOR QUALITY

Each elderberry is 100% hand-picked and harvested at just the right time. Berries are carefully inspected for quality and frozen on the same day they're picked to preserve them at their peak. We never use artificial colors — the proof is in the berry!

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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GLUTEN FREE**

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