

NEXT CENTURY NUTRITION™



FREEDA®

SINCE



1928

Super Cal/Mag Calcium & Magnesium

Suggested use:
Adults, take four
(4) capsules daily,
preferably with food
and drink.

- Calcium & Magnesium work well together
- 2:1 ratio Calcium to Magnesium, to balance each other
- Essential minerals that may support bone health & nerve function*

Supplement Facts

Serving Size: 4 Vegetable Capsules

Servings Per Container: 62

Amount Per Serving	% Daily Value	
Calcium (as calcium carbonate)	1000 mg	77%
Magnesium (as magnesium oxide)	500 mg	119%

VEGAN 

- No Gluten
- No Lactose
- No Artificial Colors
- No Artificial Flavors
- No Animal Derivatives
- No Sugar or Starch
- No Gelatin
- No Yeast

Questions? Comments?

Please contact us at 1-800-777-3737
Manufactured for:

Freeda Health / Brooklyn, NY 11210

www.freedahealth.com



KOSHER PAREVE



250 CAPSULES
MINERAL SUPPLEMENT

Other ingredients: Vegetable hypromellose capsule, microcrystalline cellulose, vegetable magnesium stearate, silica.

Keep out of reach of children. Store in a cool, dry place. Do not expose to excessive heat or moisture. If you are pregnant, nursing, taking blood thinners or other medication, or have a medical condition, consult your health care practitioner prior to using this product.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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