

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 3 capsules daily, between meals, or as directed by a health professional.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.



Scan to learn about
our hypoallergenic
supplements



Use only if safety
seal is intact.

Contents may not fill
package in order to
accommodate required
labeling. Please rely on
stated quantity.

Certified Gluten-Free
by the Gluten-Free
Certification Organization,
www.gluten.org

pure
encapsulations[®]

HM Complex

*Supports natural detoxification response for common,
mild environmental exposure to heavy metals**

Gluten-free, Non-GMO
& Hypoallergenic
Dietary Supplement
90 CAPSULES



Supplement Facts

Serving size 3 capsules
Servings per container 30

	Amount Per Serving	%DV
Zinc (as zinc citrate)	10 mg	91%
Selenium (as selenomethionine)	100 mcg	182%
Sodium (from modified citrus pectin)	50 mg	2%
Potassium (from modified citrus pectin)	70 mg	1%
PectaSol-C [®] modified citrus pectin	1,000 mg	*
Chlorella (<i>Chlorella spp.</i>) powder (cracked cell wall)	300 mg	*
Broccoli (<i>Brassica oleracea italica</i>) sprout concentrate (whole plant) (standardized to contain a minimum of 1,000 mcg sulforaphane)	250 mg	*
N-Acetyl-L-Cysteine (free-form)	300 mg	*
L-Methionine (free-form)	200 mg	*
Alpha lipoic acid (thioctic acid)	100 mg	*

*Daily value (DV) not established

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate

PectaSol-C[®] is a registered trademark of EcoNugenics[®], Inc.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

manufactured by: **Pure Encapsulations**
490 Boston Post Road, Sudbury, MA
1-800-753-2277 www.PureEncapsulations.com

v5
code: **HMC9**