

NEXT CENTURY NUTRITION™



- For those who are low in Iron*
- Promotes healthy red blood cell formation*
- Tiny tablet, easy to swallow
- Bioavailable & easily absorbed

Suggested use:
Adults, take one (1) tablet daily, preferably with food and drink.

FREEDA®

SINCE



1928

Iron 29 mg

Easily absorbed

ENERGY*



Bioavailable & easy to swallow

100 TABLETS
IRON SUPPLEMENT

- No Gluten
- No Lactose
- No Artificial Colors
- No Artificial Flavors
- No Animal Derivatives
- No Sugar or Starch
- No Gelatin
- No Yeast

Questions? Comments?

Please contact us at 1-800-777-3737
Manufactured for:

Freeda Health / Brooklyn, NY 11210
www.freedahealth.com



Kosher Pareve



Supplement Facts

Serving Size: 1 Tiny Tablet

	Amount Per Tablet	% Daily Value
Iron (as ferrous fumarate)	29 mg	161%

Store in a cool dry place. Do not expose to excessive heat or moisture.

VEGAN

Other ingredients: Microcrystalline cellulose, calcium phosphate, vegetable magnesium stearate, silica, croscarmellose sodium, stearic acid.

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of the reach of children.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ITEM 0316-1