TAKE YOUR ROUTINE TO THE NEXT LEVEL WITH ALIVE!

Unlike other supplements that use isolated ascorbic acid or cultured bacteria as the source of Vitamin C, Alive!* Fruit Source Vitamin C derives its entire Vitamin C content from one of Mother Nature's most potent fruit sources.

♠ LG15142.B01 BLK8110B

VEGETARIAN

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Questions? 1-800-9NATURE / naturesway.com





120 VEGETARIAN CAPSULES • DIETARY SUPPLEMENT

Recommendation: For 500 mg of Vitamin C, adults take 4 capsules daily. For 1,000 mg of Vitamin C, adults take 4 capsules twice daily. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 4 Capsules Servings per Container 30

Servings per Container 30		
Amount per Serving		% DV
Calories	10	
Total Carbohydrate	2 g	1%†
Vitamin C (from organic acerola [fruit])	500 mg	556%

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other ingredients: organic manioc root, vegetable polysaccharide capsule (pullulan), magnesium stearate, silica **Keep out of reach of children**. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep bottle tightly closed. Store at room temperature. Avoid excessive heat and direct surliving.

FREE FROM gluten, yeast-derived ingredients, wheat, corn, soy, dairy, and artificial colors, flavors, and preservatives.



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Alive!* multivitamins give you the support you need to do all that is important to you! Get the most from your multi, with potent vitamins and minerals and our food-based blends, and live every day feeling Alive!



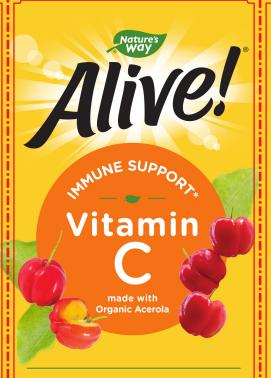
Vitamin C in fruit is naturally part of a total complex that includes ascorbic acid, bioflavonoids, and co-factors that aid absorption.*

Alive!® Fruit Source Vitamin C is Vitamin C just as Mother Nature grows it.

100% Fruit Derived

FREE GLUTEN, YEAST-DERIVED INGREDIENTS, WHEAT, CORN, SOY, DAIRY, AND ARTIFICIAL COLORS, FLAVORS, AND PRESERVATIVES.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. This product is not intended to diagnose. Treat, cure, or prevent any disease.



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