

PRODUCT INFORMATION:

One capsule typically provides: %NRV*
Aquamin™ marine magnesium 300mg 80

*NRV = Nutrient Reference Value

INGREDIENTS: Magnesium hydroxide (marine magnesium), capsule: hydroxypropyl methylcellulose, anti-caking agent: magnesium stearate.

FREE FROM: Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, salt, soya, sugar, wheat, yeast.

STORAGE: Store in a cool, dry place out of reach of children.

This product has not been tested on animals.

HIGHER NATURE®
EVERYDAY ESSENTIALS

SUPER MAGNESIUM
300mg
Natural source



90 capsules
vegetarian and vegan

**SUPER MAGNESIUM
FOOD SUPPLEMENT - 90 CAPSULES**

- ✓ Marine source – natural magnesium and easily absorbed
- ✓ High strength yet gentle on the gut
- ✓ Vital for muscle function, energy release and reducing tiredness
- ✓ Also needed for bones and teeth, the nervous system and psychological function

DIRECTIONS: Adults and children 13 and over take 1 capsule a day with meals. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet, and healthy lifestyle.

Higher Nature Ltd, 10 Discovery Way,
Horam, East Sussex TN21 0GE, UK
highernature.com



SMAG-153-01
SMAG090 101

