## HIGHER NATURE®



## RELAX & UNWIND

For bones & relaxation

Mixed berry flavour with calcium & magnesium

9.4g vegetarian and vegan

## RELAX & UNWIND

- ✓ Great support for your active little ones whilst they are growing
- ✓ Magnesium contributes to normal function of the nervous system
- ✓ Calcium is needed for the maintenance of normal bones

## PRODUCT INFORMATION:

One sachet (9.4g) typically provides:		%NRV*
Vitamin D (50iu)	1.25µg	25
Vitamin C	80mg	100
Calcium	120mg	15
Magnesium	90mg	24
Theanine	50mg	

\*NRV = Nutrient Reference Value

**DIRECTIONS:** For children 3 and over blend one sachet into hot water until it dissolves. Top up with cold water if needed. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

STORAGE: Store in a cool, dry place out of reach of children.

For best before end: see below

INGREDIENTS: Sweetener: xylitol, magnesium gluconate, calcium gluconate, flavouring: forest fruit (stabiliser: acacia gum), acidity regulator: citric acid mononhydrate, ascorbic acid (vitamin C), I-theanine, acidity regulator: dl-malic acid, cholecalciferol (vitamin D3)[emulsifier: acacia gum, antioxidant: sodium ascorbate, anticaking agent: silicon dioxide).

FREE FROM: Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, salt, soya, starch, wheat, yeast.

WARNING: Large quantities may have a laxative effect.

Contains xylitol; do not feed to dogs, if consumed seek veterinary advice.

This product is not tested on animals

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