

DIRECTIONS: Adults, take one capsule daily before sleeping at night, six days per week, skip dosage on the seventh day.

WARNINGS: Not for use by individuals under the age of 18. Do not use if pregnant or nursing. Do not exceed recommended dosage. Always consult a physician prior to using any dietary supplement. Do not use if safety seal is missing or broken.

Keep out of reach of children. Store in a dry place at room temperature.

Manufactured For:
ANF Distribution
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Deerfield Beach, FL 33442
To Reorder: (754) 227-1233
www.thehealthylifesupplements.com



PAGG NIGHTTIME

POLICOSANOL, ALPHA LIPOIC ACID,
GARLIC BULB



Dietary Supplement

520MG DAILY ♦ 26 CAPSULES

SUPPLEMENT FACTS

Serving Size: 1 Capsule

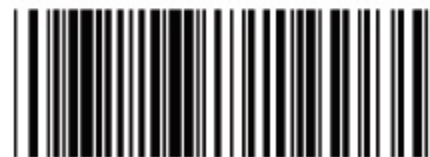
Servings Per Container: 26

	Amount Per Serving	%DV
Biotin (d-biotin)	100 mcg	33%
Alpha Lipoic Acid	300 mg	†
Garlic Extract (bulb)	200 mg	†
Policosanol	23 mg	†

† Daily Value not established

Other Ingredients: Gelatin, Calcium Carbonate, Silicon Dioxide, Magnesium Stearate

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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