

Best MSM supplies pure crystalline MSM (methylsulfonylmethane), purified by double distillation. MSM is a naturally-occurring source of organic sulfur that is easily absorbed and used by the body. Taken up from the soil by plants, MSM found in foods is largely lost during food processing, storage and cooking.

MSM supports organ and joint function by donating sulfur for maintenance of healthy connective tissue.* MSM helps keep skin, hair and nails healthy by donating sulfur for production of keratin, a fibrous protein.* Supports joint function.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for **Doctor's Best, Inc.**
San Clemente, CA 92673
(800) 777-2474
www.drbbvitamins.com



Doctor's
BEST®

**Science-Based
Nutrition™**

OptiMSM®

**Best
MSM** *Dietary
Supplement*
**BIOAVAILABLE
NATURAL
SULFUR** **1500**

MAINTAINS HEALTHY CONNECTIVE TISSUE*

1500 mg / 120 Tablets

Supplement Facts

Serving Size 1 tablet

Servings per container 120 servings

Amount per serving % Daily Value

Methylsulfonylmethane 1.5 gram (1500 mg) †

OptiMSM®

† Daily Value not established.

Other Ingredients: Microcrystalline cellulose, stearic acid, magnesium stearate (vegetable source).

Suggested Adult Use: Take 1 or 2 tablets daily, with or without food.

Suitable for Vegetarians

CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS



R02/13