

For over 40 years, Vitamin World has pioneered the manufacture of premium nutritional supplements. Our commitment to quality is the highest in our industry. Every product undergoes rigorous analysis for purity, potency, safety and freshness. **We guarantee it.**




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Carefully Manufactured by
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ULTRA MAN ULTRA MAN ULTRA MAN ULTRA MAN

ULTRA MAN™

DAILY MULTI Premium Performance Formula for Men

HIGH POTENCY



180 COATED
CAPLETS

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size 2 Caplets

Servings Per Container 90

Amount Per Serving	%Daily Value	
Vitamin A (as Beta-Carotene)	5,000 IU	100%
Vitamin C (as Ascorbic Acid)	300 mg	500%
Vitamin D (as Cholecalciferol)	400 IU	100%
Vitamin E (as d-Alpha Tocopheryl Acetate)	100 IU	333%
Vitamin K (as Phytonadione)	80 mcg	100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	50 mg	3,333%
Riboflavin (Vitamin B-2)	50 mg	2,941%
Niacin (as Niacinamide)	50 mg	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2,500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Biotin	500 mcg	167%
Pantothenic Acid (as d-Calcium Pantothenate)	50 mg	500%
Calcium (as Calcium Carbonate, Dicalcium Phosphate, and Calcium Citrate)	200 mg	20%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Oxide)	25 mg	167%
Selenium (as Sodium Selenate)	200 mcg	286%
Copper (as Cupric Oxide)	2 mg	100%
Manganese (as Manganese Gluconate)	2 mg	100%
Chromium (as Chromium Picolinate)	200 mcg	167%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Chloride (as Potassium Chloride)	26 mg	1%
Potassium (as Potassium Chloride)	30 mg	1%
Alpha Lipoic Acid	30 mg	*
Choline Bitartrate	10 mg	*
Inositol	10 mg	*
Boron	2 mg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*
Proprietary Amino Acid Blend (L-Taurine, L-Glutamine, L-Arginine, L-Valine, L-Cysteine, L-Leucine,	150 mg	*

Amount Per Serving %Daily Value

N-Acetyl Carnitine Hydrochloride, L-Isoleucine, L-Carnitine, L-Methionine)		
Joint Health Complex	100 mg	*
(Methylsulfonylmethane (MSM), Silica (as Silicon Dioxide), Collagen (Hydrolyzed Gelatin), Glucosamine Hydrochloride, Chondroitin Sulfate)		
Men's Bioactive Blend	120 mg	*
(Pumpkin Seed (<i>Cucurbita pepo</i>), Pygeum (<i>Pygeum africanum</i>) (bark), Oyster Extract, Saw Palmetto Extract (<i>Serenoa repens</i>) (fruit), Lycopene)		
Antioxidant Cardio Blend	120 mg	*
(Garlic (<i>Allium sativum</i>) (bulb), Citrus Bioflavonoids (<i>Citrus limon</i>) (fruit), Bilberry (<i>Vaccinium myrtillus</i>) (leaf), Elderberry (<i>Sambucus nigra</i>) (fruit), Black Currant (<i>Ribes nigrum</i>) (fruit), Grape Seed Extract (<i>Vitis vinifera</i>), Brussels Sprouts Extract, Kale Extract, Cauliflower Extract, Celery Seed (<i>Apium graveolens</i>), Carrot Extract, Broccoli Extract, Cabbage Extract, Astaxanthin Complex, Lutein, Zeaxanthin, Super Oxide Dismutase, Coenzyme Q-10, Pycnogenol® (<i>Pinus pinaster</i>) (Maritime Pine Bark Extract))		
Energy Blend	100 mg	*
(Ginkgo Biloba (<i>Ginkgo biloba</i>) (leaf), Green Tea Extract (<i>Camellia sinensis</i>) (leaf), Cayenne Pepper (<i>Capsicum annuum</i>) (fruit), Spirulina (<i>Spirulina platensis</i>) (plant), Korean Ginseng (<i>Panax ginseng</i>) (root))		

*Daily Value not established.

Other Ingredients: Hypromellose, Vegetable Cellulose, Vegetable Stearic Acid, Vegetable Magnesium Stearate.

Contains milk, soy and shellfish (shrimp, crab, lobster, crayfish) ingredients.

Directions: For adult men, take two (2) caplets daily, preferably with a meal.

No Artificial Color or Flavor, No Preservatives, No Sugar, No Gluten, No Wheat, No Yeast.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of the reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.