

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 2 capsules, 3 times daily, with or before meals.

Warning: Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, particularly psychiatric medication, consult your health professional before use. Do not use concurrently with antidepressants. PHENYLKETONURICS: CONTAINS PHENYLALANINE

Keep out of the reach of children.



Scan to learn about our hypoallergenic supplements

Use only if safety seal is intact.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Certified Gluten-Free by the Gluten-Free Certification Organization, www.gluten.org



pure
encapsulations®

CarbCrave Complex

Helps moderate carbohydrate intake and appetite†

**Gluten-free, Non-GMO
& Hypoallergenic**
Dietary Supplement
90 CAPSULES



Supplement Facts

Serving size 2 capsules
Servings per container 45

	Amount Per Serving	% DV
Vitamin B ₆ (as pyridoxal 5' phosphate) (activated B ₆)	3.3 mg	194%
Chromium (as chromium picolinate)	200 mcg	571%
5-Hydroxytryptophan	50 mg	*
DL-Phenylalanine	250 mg	*
Relora®	175 mg	*
patented proprietary blend of: magnolia (<i>Magnolia officinalis</i>) extract (bark) and phellodendron (<i>Phellodendron amurense</i>) extract (bark)		
Sensoril® ashwagandha (<i>Withania somnifera</i>) extract (root and leaf)	75 mg	*
Rhodiola (<i>Rhodiola rosea</i>) extract (root) (standardized to contain 3% total rosavins and 1% salidroside)	75 mg	*

*Daily Value (DV) not established

Other ingredients: vegetarian capsule (cellulose, water), modified food and corn starch, ascorbyl palmitate, silicon dioxide

RELORA

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Sensoril® is a trademark of Natreon, Inc. and is protected under U.S. Patent 7,318,938.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured by: **Pure Encapsulations**
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