

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 2 capsules, 3 times daily, with or before meals.

Warning: Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, particularly psychiatric medication, consult your health professional before use. Do not use concurrently with antidepressants.

PHENYLKETONURICS: CONTAINS PHENYLALANINE.

Keep out of the reach of children.



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hypoallergenic supplements

Use only if safety
seal is intact.

Contents may not fill
package in order to
accommodate required
labeling. Please rely on
stated quantity.

Certified Gluten-Free
by the Gluten-Free
Certification Organization,
www.gluten.org



CarbCrave Complex

*Helps moderate carbohydrate
intake and appetite[†]*

**Gluten-free, Non-GMO
& Hypoallergenic**

Dietary Supplement

180 CAPSULES



Supplement Facts

Serving size 2 capsules

Servings per container 90

	Amount Per Serving	% DV
Vitamin B ₆ (as pyridoxal 5' phosphate) (activated B ₆)	3.3 mg	194%
Chromium (as chromium picolinate)	200 mcg	571%
5-Hydroxytryptophan	50 mg	*
DL-Phenylalanine	250 mg	*
Relora®	175 mg	*
patented proprietary blend of: magnolia (<i>Magnolia officinalis</i>) extract (bark) and phellodendron (<i>Phellodendron amurense</i>) extract (bark)		
Sensoril® ashwagandha (<i>Withania somnifera</i>) extract (root and leaf)	75 mg	*
Rhodiola (<i>Rhodiola rosea</i>) extract (root) (standardized to contain 3% total rosavins and 1% salidroside)	75 mg	*

* Daily Value (DV) not established

Other ingredients: vegetarian capsule (cellulose, water), modified food and corn starch, ascorbyl palmitate, silicon dioxide

RELORA®

Relora® & logo are trademarks of Lonza or its
affiliates. Relora® brand *Magnolia officinalis* and
Phellodendron amurense.

Sensoril® is a trademark of Natreon, Inc. and is protected under U.S.
Patent 7,318,938.

**†This statement has not been evaluated by the Food and
Drug Administration. This product is not intended to
diagnose, treat, cure, or prevent any disease.**

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