

PRODUCT INFORMATION

Two capsules typically provide: %NRV*

Vitamin A (1332iu)	400µg RE	50	Phytoceramides	3mg
Vitamin E (14.3iu)	9.6mg α-TE	80	Aloe vera extract (200:1)	50mg
Vitamin C	100mg	125	- equivalent to aloe vera	10g
Riboflavin (vitamin B2)	4mg	286	Grape seed extract (15:1)	50mg
Niacin (vitamin B3)	6mg	38	- providing polyphenols	45mg
Biotin	50µg	100	Green tea extract (10:1)	50mg
Zinc	6mg	60	- providing catechins	35mg
Copper	500µg	50	Bamboo extract	40mg
Manganese	1mg	50	- providing natural silica	30mg
Hydrolysed collagen (marine, non shark)	600mg		Bacillus coagulans	2.16mg
Hyaluronic Acid	20mg		(in order of 30 million cfu at the time of manufacture)	

*NRV = Nutrient Reference Value

INGREDIENTS: Hydrolysed marine collagen (from fish: tilapia and pangasius), capsule: hydroxypropyl methylcellulose, ascorbic acid (vitamin C), aloe vera (*aloe barbadensis*) extract, green tea (*camellia sinensis*) extract, grape (*vitis vinifera*) seed extract, bamboo (*bambusa vulgaris*) stem extract, sodium hyaluronate, rice (*oryza sativa*) bran powder, bulking agent: microcrystalline cellulose, zinc citrate, d-alpha tocopherol acid succinate (natural vitamin E), nicotinamide (vitamin B3), vitamin A acetate (antioxidant: dl-alpha tocopherol), manganese citrate, riboflavin (vitamin B2), copper gluconate, bacillus coagulans, biotin. (Allergens in bold).

FREE FROM: Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, salt, soya, wheat, yeast.

HIGHER
NATURE®

AETERNA
MEN

Skin Complex

For healthy skin
support

60 capsules
one month's supply

SKIN COMPLEX FOOD SUPPLEMENT - 60 CAPSULES

- ✓ Targeted nutrients for younger looking skin
- ✓ 17 actives including collagen peptides, hyaluronic acid, grapeseed, green tea and aloe to target the visible signs of ageing
- ✓ Added phytoceramides to help combat the elements
- ✓ With biotin and vitamin A for the maintenance of normal skin and vitamin C for collagen synthesis
- ✓ Cellular defence with zinc, copper and manganese which protect cells from oxidative stress

DIRECTIONS: Take 2 capsules daily at least 30 minutes before meals. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

STORAGE: Store in a cool, dry place out of reach of children.

This product has not been tested on animals.

HIGHER NATURE LTD

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