

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 3 capsules daily, with a meal.

Warning: Not to be taken by pregnant and lactating women. If you have any health condition or are taking any medication, particularly blood thinning or psychiatric medication, consult your health professional before use. Not to be taken in conjunction with antidepressants unless advised by a health professional. Individuals with bipolar disorder and depression must be monitored closely by a health professional if taking this supplement. It is recommended that individuals taking this supplement have lithium levels and kidney function monitored regularly. Vitamin K may be contraindicated with Coumadin (Warfarin). Do not exceed the dose recommended by your health professional.

Keep out of the reach of children.

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Scan to learn about our hypoallergenic supplements

Use only if safety seal is intact.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Certified Gluten-Free by the Gluten-Free Certification Organization, www.gluten.org

pure encapsulations®

PureGenomics® UltraMultivitamin

*Comprehensive multivitamin/mineral
formula with enhanced support for common
genetic polymorphisms**

Gluten-free, Non-GMO
& Hypoallergenic
Dietary Supplement

90 CAPSULES



Supplement Facts

Serving size 3 capsules
Servings per container 30

	Amount Per Serving	%DV
Vitamin A (as vitamin A acetate)	1,500 mcg	167%
Vitamin C (as ascorbic acid)	250 mg	278%
Vitamin D (as cholecalciferol) (D ₃)	100 mcg (4,000 IU)	500%
Vitamin E (as d-alpha tocopherol succinate)	20 mg	133%
Vitamin K (as vitamin K ₁)	100 mcg	83%
Thiamin (as thiamin HCl) (B ₁)	3 mg	250%
Riboflavin (as riboflavin and 50% riboflavin-5-phosphate (activated B ₂))	3.4 mg	262%
Niacin (as niacinamide)	20 mg	125%
Vitamin B ₆ (as pyridoxine HCl and 50% pyridoxal-5-phosphate (activated B ₆))	5 mg	294%
Folate (as Metafolin®, L5-MTHF)	1,333 mcg DFE (800 mcg L5-MTHF)	333%
Vitamin B ₁₂ (as adenosylcobalamin and 50% hydroxycobalamin)	800 mcg	33,333%
Biotin	300 mcg	1,000%
Pantothenic acid (as calcium pantothenate) (B ₅)	10 mg	200%
Choline (as choline bitartrate)	100 mg	18%
Calcium (as di-calcium malate) (DimaCal™)	60 mg	5%
Iodine (as potassium iodide)	300 mcg	200%

Other ingredients: vegetarian capsule (cellulose, water), sucrosomial magnesium (magnesium oxide, pregelatinized rice starch, sucrose esters of fatty acids, sunflower lecithin, tricalcium phosphate, rice flour), tri-magnesium citrate, ascorbyl palmitate

Zeaxanthin is sourced from OPTISHARP® brand. OPTISHARP® is a trademark of DSM.

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Magnesium (as Sucrosomial® magnesium)	150 mg	36%
Zinc (as zinc citrate)	20 mg	182%
Selenium (as selenomethionine)	70 mcg	127%
Copper (as copper glycinate)	2 mg	222%
Manganese (as manganese citrate)	2 mg	87%
Chromium (as chromium polynicotinate)	200 mcg	571%
Molybdenum (as molybdenum glycinate chelate) (TRAACS™)	75 mcg	167%
Lithium (as lithium orotate)	500 mcg	*
Boron (as boron glycinate)	1 mg	*
BenfoPure® benfotiamine	3 mg	*
Mixed tocopherols	20 mg	*
Vitamin K ₂ (menaquinone-7)	20 mcg	*
Inositol	50 mg	*
FloraGLO® lutein	3 mg	*
Zeaxanthin	500 mcg	*
Coenzyme Q ₁₀	50 mg	*
Alpha lipoic acid (thioctic acid)	90 mg	*
N-Acetyl-L-Cysteine (free-form)	145 mg	*
BioResponse DIM® diindolylmethane complex (complex of starch, diindolylmethane, vitamin E (tocophersolan), phosphatidylcholine and silica) (standardized to contain 25% diindolylmethane)	50 mg	*

* Daily value (DV) not established

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***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

