

Vegetarian. Free of • gluten • wheat •
milk/dairy • nuts • soy • eggs • fish • shellfish •
yeast • sugar • artificial additives.

100% Recycled, 100% Recyclable,
BPA-Free Bottle

Please remove label to recycle bottle.
To open, press along perforation.

Bone health plus greater muscle & tension support*

Magnesium and Calcium plus targeted herbs
to promote strong bones and muscles, and
help soothe muscle soreness.* Added nutrients
nourish, help ease tension, enhance absorption
and aid digestion.*

Ideal for athletes, those who require extra support
for muscle aches and cramps, or have low
magnesium intake.*

• Calcium promotes healthy bones and teeth*

• Targeted muscle & tension support*

Magnesium • soothing herbs • vitamin B6

• Protects, and aids absorption & digestion*

Vitamins C & D • betaine HCl • spirulina •
ginger • herbs

SUGGESTED USAGE: Take 1 tablet per day,
with or between meals.



KEEP OUT OF REACH OF CHILDREN. Consult your health care
professional prior to use if pregnant, nursing, taking medication
or have a medical condition.

* These statements have not been evaluated by the Food
and Drug Administration. This product is not intended to
diagnose, treat, cure or prevent any disease.



Magnesium
Calcium+™

Helps soothe muscles & tension*

Added nutrients nourish
& aid absorption*

Vegetarian | Gluten-Free

180 Tablets | Multi-Mineral Supplement

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 180

	Amount Per Serving	% DV
Vitamin C (as magnesium ascorbate)	67 mg	74%
Vitamin D3 (as cholecalciferol)	3.3 mcg	17%
Vitamin B6 (as pyridoxine HCl)	0.7 mg	39%
Calcium (as calcium chelate, calcium carbonate, calcium citrate-malate)	167 mg	13%
Magnesium (as magnesium oxide, magnesium chelate magnesium ascorbate, magnesium aspartate)	321 mg	76%
Manganese (as manganese chelate)	0.3 mg	14%
4:1 Herbal Muscular Support Blend	62 mg	*
Meadowsweet (aerial part) extract, white willow (bark) extract, turmeric (rhizome) extract, horsetail (aerial part) extract, rosemary (leaf) essential oil, ginger (rhizome) essential oil		
Digestive Support Complex	72 mg	*
Organic spirulina, betaine hydrochloride, ginger (rhizome) 4:1 extract		

* Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, stearic acid,
croscarmellose sodium. Coating (pharmaceutical glaze,
Hydroxypropyl cellulose, carnauba wax).

Formulated and distributed by Nutranext Business, LLC
1301 Sawgrass Corporate Parkway, Sunrise, FL 33323 USA 800.571.4701
© 2019 www.rainbowlight.com

SS-RLCT817618R2