

**PRODUCT INFORMATION:**

One tablet typically provides:

|        |        |      |
|--------|--------|------|
| Zinc   | 20mg   | NRV* |
| Copper | 1250µg | 200  |
|        |        | 125  |

\*NRV = Nutrient Reference Value

**INGREDIENTS:** Natural lithothamnion calcarea; zinc citrate, copper gluconate, anti-caking agents: magnesium stearate, silicon dioxide; zein protein coating.

**FREE FROM:** Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, soya, sugar, wheat, yeast.

This product has not been tested on animals.

# HIGHER NATURE®

BODY HEALTH

## ZINC

Immune system  
support



90 tablets  
vegetarian and vegan

## ZINC

### FOOD SUPPLEMENT - 90 TABLETS

- ✓ Zinc citrate is a readily absorbable form of zinc
- ✓ Zinc contributes to the normal function of the immune system and the maintenance of normal skin
- ✓ Zinc and copper contribute to the protection of cells from oxidative stress

**DIRECTIONS:** Take 1 tablet a day with food. Do not exceed recommended daily intake. A daily multivitamin is also recommended. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

**STORAGE:** Store in a cool, dry place out of reach of children.

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