- ‡Clinically Proven Absorption: Vitamins D, B2, B5, folate, calcium, iron & zinc
- Provides nutritional support for bone health and supports immune health with zinc >
- Promotes energy with potent B vitamins *
- Supports healthy, red blood cells and nerve cell protection *
- · Nourishes your body for brain health >
- The Enzyme and Probiotic Blend includes digestive enzymes to aid in breaking down foods*

SUGGESTED USAGE: Take one tablet per day, with or between meals

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

KEEP OUT OF REACH OF CHILDREN: Consult your physician prior to using this or any product if you are pregnant, nursing, taking any medication or have a medical condition.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contains NO: Tree nuts, peanuts, eggs, fish, or shellfish.



Eco Guard" Packaging Bottle made from 100% recycled material* excluding colorant

ACTUAL SIZE TABLET











Women's One Multivitamin

Rainbow Superfoods Blend & Probiotics











Supports Immune, Bone & Brain Health*







Vegetarian | Gluten-Free

75 Tablets | Multivitamin Supplement

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Serving Size 1 Tablet Servings Per Container 75

Octivings i or oblitain	01 70		
Amount Po	er Serving	Amount Per Serving	
Vitamin A (as beta-carotene)	900 mcg	100%	Copper (as copper amino acid chelate) 0.9 mg
Vitamin C (ascorbic acid)	60 mg	67%	Manganese (as 2.3 mg manganese citrate)
Vitamin D (as cholecalciferol)	50 mcg	250%	Molybdenum 45 mcg (as molybdenum
Vitamin E (as d-alpha tocopheryl succinate		100%	amino acid chelate)
Vitamin K (as phytonadione)	120 mcg	100%	Women's Nourishing 91 mg Blend
Thiamin (as thiamin mononitrate)	20 mg	1667%	Organic chlorella, grape (whole extract, organic pomegranate juice powder, lutein
Riboflavin (vitamin B2)	20 mg	1538%	Organic Rainbow 80 mg Superfoods Blend
Niacin (as niacinamide)	20 mg	125%	Organic spirulina, organic bee
Vitamin B6 (as pyridoxine hydrochlo		1176%	organic broccoli (plant), organ (leaf), organic spinach (leaf), o blackberry (fruit), organic blue
folic acid) (240	mcg DFE mcg folic		(fruit), organic carrot (root), o cranberry (fruit)
Vitamin B12 (as methylcobalamin)	10 mcg	417%	Enzyme and Probiotic 33 mg Blend
Biotin	30 mcg	100%	Ginger (root) juice extract, amy
Pantothenic Acid (as calcium pantothenat		260%	DU†), protease (720 HUT†), xy (96 XU†), maltase (5 DP†), glu
Choline (as choline bitartrate)	55 mg	10%	lase (1 AGU†), hemicellulase (7 HCU†), beta-glucanase (21 BG
Calcium (from mineral-rich red alga	100 mg (e)	8%	phytase (0.1 FTU†), cellulase (2 alpha-galactosidase (5 GalU†), (26 FIP†), lactase (8 ALU†), inv
Iron (as iron amino acid chelate)	6 mg	33%	(4 SU†), Bacillus coagulans MT((25 million CFU†)
lodine (from inactivated Saccharomyces cerev	150 mcg	100%	Citrus (fruit) 25 mg bioflavonoids
Magnesium	100 ma	24%	Inositol 20 mg
(as marine magnesiu extract from sea wat	ım		Boron 1 mg (as boron glycinate)
Zinc (as zinc citrate)	11 mg	100%	†Daily Value (DV) not establishe
Selenium (as selenomethionin	55 mcg e)	100%	1247 1447 (24) 1101 00110110110

οv	Amount Pe	% DV	
%	Copper (as copper amino acid chelate)	0.9 mg	100%
%	Manganese (as manganese citrate)	2.3 mg	100%
1%	Molybdenum (as molybdenum amino acid chelate)	45 mcg	100%

Organic chlorella, grape (whole fruit) extract, organic pomegranate (fruit) juice powder, lutein

rganic Rainbow 80 ma uperfoods Blend

Organic spirulina, organic beet (root) organic broccoli (plant), organic kale (leaf), organic spinach (leaf), organic blackberry (fruit), organic blueberry (fruit), organic carrot (root), organic cranberry (fruit)

nzyme and Probiotic 33 mg

Ginger (root) juice extract, amylase (180 DU†), protease (720 HUT†), xylanase (96 XU†), maltase (5 DP†), glucoamylase (1 AGU+), hemicellulase (738 HCU†), beta-glucanase (21 BGU†) phytase (0.1 FTU+), cellulase (29 CU+) alpha-galactosidase (5 GalUt), lipase (26 FIP†), lactase (8 ALU†), invertase (4 SU1). Bacillus coaqulans MTCC 5856

(25 million CFU†)		
Citrus (fruit)	25 mg	t
bioflavonoids		
Inositol	20 mg	†
Boron	1 mg	t
(as boron glycinate)	_	

FL 33323, USA for Nutranext Business, LLC, it.com LB-RLCT2429T-075A