Experience the difference 1 tablet per day makes:

- ‡Clinically Proven Absorption: Vitamins D, B2, B5, folate, calcium, iron & zinc
- · Provides nutritional support for bone health and supports immune health with zinc+
- Promotes energy with potent B vitamins *
- Supports healthy, red blood cells and nerve cell protection *
- · Nourishes your body for brain health *
- The Enzyme and Probiotic Blend includes digestive enzymes to aid in breaking down foods+

SUGGESTED USAGE: Take one tablet per day, with or between meals.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

KEEP OUT OF REACH OF CHILDREN: Consult your physician prior to using this or any product if you are pregnant, nursing, taking any medication or have a medical condition.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat. cure, or prevent any disease.

Contains NO: Tree nuts, peanuts, eggs, fish, or shellfish,



Eco Guard" Packaging Bottle made from 100% recycled material*











Women's One Multivitamin

Rainbow Superfoods Blend & Probiotics











Supports Immune, Bone & Brain Health*







Vegetarian | Gluten-Free

90 Tablets | Multivitamin Supplement

plement Serving Size 1 Tablet

Amount Per Serving % DV Vitamin A (as 900 mcg 100% heta-carotene) Vitamin C 60 mg (ascorbic acid) Vitamin D (as 50 mca cholecalciferol) 15 ma Vitamin F (as d-alpha tocopheryl succinate) Vitamin K 120 mcg (as phytonadione) Thiamin (as thiamin 20 ma mononitrate) Riboflavin 20 ma (vitamin B2) Niacin 20 mg (as niacinamide) Vitamin B6 (as 20 ma pyridoxine hydrochloride) 400 mcg DFF Folate (as folic acid) (240 mcg folic Vitamin B12 (as 10 mcg methylcohalamin) 30 mcg Pantothenic Acid (as 13 ma calcium pantothenate) Choline (as 55 ma choline bitartrate) Calcium (from 100 ma mineral-rich red algae Iron (as iron amino 6 ma acid chelate) lodine 150 mca 100% (from inactivated Saccharomyces cerevisiae) Magnesium 100 mg 24%

(as marine magnesium extract from sea water)

Zinc (as zinc citrate)

(as selenomethionine)

Selenium

11 mg 100%

55 mcg 100%

Servings Per Container 90

Amount Pe	er Serving	% DV
Copper (as copper amino acid chelate)	0.9 mg	100%
Manganese (as manganese citrate)	2.3 mg	100%
Molybdenum (as molybdenum	45 mcg	100%

01 70	manganese citrate)	2.0 mg	10070
250%	Molybdenum (as molybdenum	45 mcg	100%
100%	amino acid chelate)		
100%	Women's Nourishing Blend	91 mg	1
1667%	Organic chlorella, gr extract, organic pom juice powder, lutein		
1538%	Organic Rainbow Superfoods Blend	80 mg	1
125%	Organic spirulina, or		
1176%	organic broccoli (pla (leaf), organic spina blackberry (fruit), or	ch (leaf), o	rganic
100% acid)	(fruit), organic carro cranberry (fruit)		
417%	Enzyme and Probiotic Blend	33 mg	1
100%	Ginger (root) juice ex	tract, amyl	ase (18
260%	DU†), protease (720 (96 XU†), maltase (5	DP†), glud	coamy-
10%	lase (1 AGU†), hemic HCU†), beta-glucana	se (21 BĞL	J†),
8%	phytase (0.1 FTU†), of alpha-galactosidase ((26 FIP†), lactase (8	5 GalU†), I	ipase
220/	(20111]), lactase (0.	ALO [], IIIV	GILLIAG

cialiberry (iruit)	
Enzyme and Probiotic	33 m

oot) juice extract, amylase (180 otease (720 HUT†), xylanase maltase (5 DP+), glucoamy-GU†), hemicellulase (738 eta-glucanase (21 BGU†) 0.1 FTU+), cellulase (29 CU+) ctosidase (5 GalU+), lipase lactase (8 ALUT), invertase 33% | (4 SU+), Bacillus coagulans MTCC 5856

(25 million CFU†)		
Citrus (fruit)	25 mg	
bioflavonoids		
Inositol	20 mg	
Boron	1 mg	
(as boron glycinate)		

†Daily Value (DV) not established.

Contains

Sawgrass Corporate

NSA

33323,