



EFFERVESCENT
EFFER-
HYDRATE

RECOVERY*



ELECTROLYTE
SUPPLEMENT

LEMON LIME

10 TABLETS
NET WT. 1.8 OZ. [51 G]



EFFERVESCENT EFFER-HYDRATE LEMON LIME

SUGGESTED USAGE: Dissolve 1 tablet daily into 16 oz. of water.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

After tablets fully dissolve, naturally occurring granules may be visible, but it does not affect product quality.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Store in a cool, dry, dark place after opening.

Supplement Facts: Serv. Size: 1 tablet, Servings: 10, **Amount Per Serving:** Calories 10, Total Carb. 1 g (<1% DV**), Total Sugars <1 g (Incl. <1 g Added Sugars, 1% DV**), Calcium (from Calcium Carbonate) 13 mg (1% DV), Magnesium (from Magnesium Carbonate) 25 mg (6% DV), Sodium (from Sodium Bicarbonate) 360 mg (16% DV), Potassium (from Potassium Bicarbonate) 100 mg (2% DV). ** Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other ingredients: Citric Acid, Cane Sugar, Natural Flavor, L-Leucine Powder, Stevia Leaf Extract (Rebaudioside A), Beta-Carotene (for color) and Maltodextrin.

Quality Tested by & Packaged for NOW FOODS

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Product of China.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.
Produced in a GMP facility that processes other ingredients containing these allergens.