



# ORGANIC PUMPKIN SEED PROTEIN

## PROTEIN POWDER

UNFLAVORED

NO DAIRY  
NO SOY

10 G  
PROTEIN



NET WT. 1 LB. (454 G)



### Nutrition Facts

About 30 servings per container

**Serving size 2 tbsp (15g)**

**Amount per serving**

**Calories 60**

% Daily Value\*

**Total Fat 0g 0%**

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol 0mg 0%**

**Sodium 170mg 7%**

**Total Carbohydrate 2g <1%**

Dietary Fiber 2g 7%

Total Sugars 0g

Includes 0g Added Sugars 0%

**Protein 10g**

Vitamin D 0mcg 0% • Calcium 30mg 2%

Iron 4mg 20% • Potassium 230mg 4%

Magnesium 179mg 45% • Zinc 2mg 20%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Code 2227 V1



INGREDIENT: ORGANIC PUMPKIN SEED PROTEIN.

QUALITY TESTED BY & PACKAGED FOR NOW FOODS  
395 S. GLEN ELLYN RD., BLOOMINGDALE, IL 60108, USA  
[nowsportsproducts.com](http://nowsportsproducts.com)

Certified Organic by QAI.

Packaged in the USA.

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

**SUGGESTED USAGE:** Add 2 level tablespoons daily to 6-8 oz. of cold water or your favorite beverage. Stir or blend.

This single-ingredient, vegan protein powder is easily digested and efficiently absorbed. The mildly nutty flavor along with the smooth texture of this plant-based protein powder makes it a superb addition to morning smoothies or post-workout shakes. Pumpkin seed protein is ideal for those seeking a non-animal protein source without common allergens, plus it's also a good source of zinc and magnesium. Pumpkin seed protein is an optimal choice for anyone living an active lifestyle.

**NOTICE:** Use this product as a food supplement only. Do not use for weight reduction.

Natural color variation may occur in this product.

This product is sold by weight not volume.

Store in a cool, dry, dark place after opening.