

PRODUCT INFORMATION:

One tablet typically provides:

		%NRV*
Vitamin A (1332iu)	400µg RE	50
Vitamin D2 (200iu)	5µg	100
Vitamin E (8.9iu)	6mg α-TE	50
Vitamin C	80mg	100
Thiamin (Vitamin B1)	1.1mg	100
Riboflavin (Vitamin B2)	1.4mg	100
Niacin (Vitamin B3)	8mg	50
Vitamin B6	1.4mg	100
Folic acid	200µg	100
Vitamin B12	2.5µg	100
Biotin	50µg	100
Pantothenic Acid (Vitamin B5)	6mg	100
Magnesium	56mg	15
Iron	7mg	50
Zinc	10mg	100
Manganese	0.5mg	25
Selenium	27.5µg	50
Chromium	10µg	25
Iodine	75µg	50

*NRV = Nutrient Reference Value

INGREDIENTS: Sweeteners: sorbitol, fructose; magnesium oxide, ascorbic acid (vitamin C), natural flavourings: raspberry, orange, mango, lemon, lime; sodium ascorbate (vitamin C), natural colourings: carotene (antioxidants: ascorbyl palmitate, dl-alpha tocopherol), beetroot powder (acidity regulator: citric acid), anti-caking agents: silicon dioxide, stearic acid, magnesium stearate; ferric pyrophosphate, nicotinamide (vitamin B3), zinc oxide, acidity regulators: malic acid, citric acid; d-alpha tocopheryl acid succinate (vitamin E), calcium d-pantothenate (vitamin B5), pyridoxine HCl (vitamin B6), vitamin A acetate (antioxidant: dl-alpha tocopherol), thiamine (vitamin B1), riboflavin (vitamin B2), sweetener: steviol glycosides, ergocalciferol (vitamin D2) (antioxidant: mixed tocopherols), manganese sulphate, cyanocobalamin (vitamin B12), folic acid, potassium iodide, chromium picolinate, sodium selenite, biotin..

FREE FROM: Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, soya, wheat.

This product has not been tested on animals.



VITAL VITS

- ✓ Tasty chewable tablets in 3 natural fruit flavours – mango, lemon & lime and raspberry
- ✓ 19 vitamins and minerals to support a healthy diet
- ✓ Easy to take, one-a-day formula
- ✓ With natural sweeteners and flavours
- ✓ Great for fussy eaters

Help your children stay on tip-top form:

- ✓ Vitamins C and D support normal immune function
- ✓ Iron contributes to normal cognitive development in children
- ✓ Vitamin D supports growth of bones in children
- ✓ Iodine is needed for normal growth in children
- ✓ B vitamins and vitamin C provide energy
- ✓ Chromium helps with normal blood glucose levels

HIGHER NATURE®

for kids



VITAL VITS

Complete multivitamin
for growth, immunity
and energy

Fruity chewable tablets
19 essential nutrients

30 tablets
vegetarian and vegan

VITAL VITS FOOD SUPPLEMENT - 30 TABLETS

Natural flavours with sugar (fructose) and sweeteners (sorbitol and stevia)

DIRECTIONS: For children 3 and over chew 1 tablet per day. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

WARNING: Contains iron which, if taken in excess, may be harmful to very young children. Total content of iron per pack is 210mg. These tablets are not sweets. B vitamins may turn urine bright yellow - this is normal. Excessive consumption may produce a laxative effect.

STORAGE: Store in a cool dry place, out of reach of children.

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