

Suggested Usage: Take 1 softgel 3 times daily with food.

Berberine is a natural constituent of herbs such as goldenseal, Oregon grape, and barberry. Clinical studies have demonstrated that berberine helps to support already normal glucose and lipid metabolism.* Because berberine is known for its limited bioavailability, this product includes caprate (C10, a medium-chain triglyceride) to promote optimal absorption and maintenance of gastrointestinal comfort during berberine supplementation.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Do not use if you are pregnant, may become pregnant, or are breastfeeding. This product may cause mild gastrointestinal discomfort. If you are taking medications (especially anti-diabetes medications) or have a medical condition, consult your physician prior to use. Keep out of reach of children.

Natural color variation may occur in this product.

SOFTGEL SIZE

CODE 1418 V1



Berberine Glucose Support

Supports Glucose Metabolism*

- Supports Glucose and Lipid Levels Already Within the Normal Range*
- Combined with MCT Oil for Optimal Berberine Absorption

90 Softgels
A Dietary Supplement

General Health

Family owned since 1968.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	5	
Total Fat	0.5 g	< 1%*
Saturated Fat	0.5 g	3%*
Berberine HCl (from <i>Berberis aristata</i> bark)	400 mg	†
MCT Oil (Medium-Chain Triglycerides)	700 mg	†
Capric Acid (C10) (from MCT Oil)	238 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Softgel Capsule (bovine gelatin, glycerin, water, caramel color), Beeswax and Sunflower Lecithin.

Quality Tested & Packaged by NOW FOODS
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nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.