

Suggested Usage: Take 2 capsules 1 to 2 times daily.

Stinging nettle has been used according to tradition, since the days of Caesar 2,000 years ago. NOW® Stinging Nettle Root is produced to meet the highest European standards, where it has been researched and widely used.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

CAPSULE SIZE

CODE 4719B v6



Stinging Nettle Root Extract

250 mg

Supports Prostate Health*

90 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



Botanicals/Herbs

Family owned since 1968.

Supplement Facts

Serving Size 2 Veg Capsules
Servings Per Container 45

	Amount Per Serving	% Daily Value
Total Carbohydrate	< 1 g	< 1%**
Stinging Nettle Extract (<i>Urtica dioica</i>) (Root)	500 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Rice Flour, Hypromellose (cellulose capsule), Stearic Acid (vegetable source) and Silicon Dioxide.

Manufactured & Quality Tested by NOW FOODS
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nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens. Store in a cool, dry place after opening.

