

PRODUCT INFORMATION:

Three tablets typically provide:

		%NRV*
Vitamin D3 (400iu)	10µg	200
Vitamin C	120mg	150
Vitamin B6	10mg	714
Calcium	414mg	52
Magnesium	210mg	56
Zinc	5mg	50
Copper	2000µg	200
Manganese	4mg	200
Boron	3mg	
Silicon	13mg	
Red clover extract 10:1	150mg	
- providing isoflavones	12mg	

*NRV = Nutrient Reference Value

INGREDIENTS: Lithothamnion calcareum, bulking agent: microcrystalline cellulose, magnesium oxide, magnesium citrate, red clover (*trifolium pratense*) extract, calcium ascorbate (vitamin C), anti-caking agent: magnesium stearate, silicon dioxide, sodium borate, manganese citrate, zinc citrate, zein protein coating, pyridoxine HCl (vitamin B6), copper citrate, cholecalciferol (emulsifier: acacia gum, antioxidant: sodium ascorbate, anti-caking agent: silicon dioxide).

FREE FROM: Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, soya, wheat, yeast.

This product has not been tested on animals.

HIGHER NATURE®

BODY HEALTH

SUPER OSTEOFOOD

With calcium,
vitamins C & D



One month's supply
90 tablets
vegetarian and vegan

SUPER OSTEOFOOD FOOD SUPPLEMENT - 90 TABLETS

- ✓ Calcium is needed for maintenance of normal bones
- ✓ Vitamin D, magnesium, manganese and zinc support normal bones
- ✓ Vitamin C supports collagen formation for normal bones

DIRECTIONS: Adults take 3 tablets a day with meals. Do not exceed recommended daily intake. A daily multivitamin is also recommended. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

STORAGE: Store in a cool, dry place out of reach of children.



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