

MAXXUM™

4

Hypoallergenic Formulation
of Vitamins and Minerals
with Antioxidant Complex

 **KARUNA®**
RESPONSIBLE NUTRITION™

180 vegetarian capsules
Dietary Supplement

Supplement Facts

Serving Size 6 Capsules

Servings per Container 30

Amount per serving:		%DV
Vitamin A (natural beta-carotene)	20,000 IU	400%
Vitamin C (ascorbic acid)	1,000 mg	1,667%
Vitamin D3 (cholecalciferol)	1,000 IU	250%
Vitamin E (d-alpha tocopherol succinate)	400 IU	1333%
Vitamin K1 (phylloquinone)	120 mcg	150%
Vitamin B1 (thiamine)	50 mg	3,333%
Vitamin B2 (riboflavin)	50 mg	2,941%
Vitamin B3 (niacinamide)	100 mg	500%
Vitamin B6 (pyridoxine HCl)	100 mg	5,000%
Folic Acid	800 mcg	200%
Vitamin B12 (methylcobalamin)	450 mcg	7,500%
Biotin (d-biotin)	400 mcg	133%
Vitamin B5 (d-calcium pantothenate)	300 mg	3,000%
Calcium (citrate/malate)	300 mg	30%
Iodine (potassium iodide) [kelp source]	75 mcg	50%
Magnesium (aspartate)	300 mg	75%
Zinc (amino acid chelate)	15 mg	100%
Selenium (L-selenomethionine)**	200 mcg	286%
Copper (amino acid chelate)	1.5 mg	75%

Produced by Karuna Corporation
42 Digital Drive #7, Novato, CA 94949

Amount per serving:		%DV
Manganese (amino acid chelate)	5 mg	250%
Chromium (amino acid chelate)**	200 mcg	167%
Molybdenum (amino acid chelate)	50 mcg	67%
Alpha-carotene	4,750 IU	†
Mixed Citrus Bioflavonoids	200 mg	†
Choline (bitartrate)	50 mg	†
Lutein	5 mg	†
Lycopene	5 mg	†
Boron (citrate)	1 mg	†
Zeaxanthin	246 mcg	†
Cryptoxanthin	8 mcg	†

† Daily Value (DV) not established

**non-yeast form

Other ingredients: vegetarian capsule, vegetable stearine

Suggested use for adults: 6 capsules daily,
taken with meals, or as directed by your health care
practitioner.

This product contains no yeast, wheat, soy, corn,
milk, salt, sugar, artificial coloring, preservatives
or flavoring.

Keep in a cool, dry place, tightly capped.



EXP9/2013
LOT0654-0

1104-LB10