

Free of gluten · wheat · milk/dairy · nuts · soy ·
eggs · fish · shellfish · yeast · sugar ·
artificial additives.

JUST1ONCE®

100% Recycled, 100% Recyclable,
BPA-Free Bottle

Remove label to recycle bottle.

To open, press along perforation.

Enhanced-absorption bone-builder*

Just one tablet per day helps build bone and relax muscles.* Provides 500 mg of calcium — the exact amount the body can absorb at one time — plus co-factors necessary for calcium absorption & utilization.*

- **Helps build and strengthen bones & teeth***

2:1 Calcium to Magnesium ratio

- **Supports muscle relaxation & bone flexibility***

Magnesium · Vitamin D3

- **Promotes enhanced calcium absorption & utilization**

Magnesium · Vitamin D3

- **Gentle on the stomach: can be taken with or between meals**

Organic spirulina · Betaine HCl



Calcium

With Magnesium & Vitamin D3

Supports bone density & muscle relaxation*

Promotes enhanced absorption & utilization*

Gentle on the stomach

Gluten-Free | Dairy-Free

90 Tablets | Dietary Supplement

Supplement Facts

Serving Size 1 Tablet

Servings Per Container 90

	Amount Per Serving	% DV
Vitamin D3 (as cholecalciferol)	13 mcg	65%
Calcium (as calcium carbonate, calcium chelate, calcium citrate-malate)	500 mg	38%
Magnesium (as magnesium oxide, magnesium aspartate)	250 mg	60%
Betaine hydrochloride	20 mg	†
Stinging nettle (leaf) powder	20 mg	†
Horsetail (stem) powder	20 mg	†
Organic spirulina	20 mg	†

†Daily Value (DV) not established.

Other ingredients: Croscarmellose sodium, microcrystalline cellulose, stearic acid, coating (hydroxypropyl cellulose, pharmaceutical glaze).

SUGGESTED USAGE: Take one tablet per day, with or between meals. May take 2 per day in divided doses for advanced usage.

Formulated and distributed by Nutranext Business, LLC
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KEEP OUT OF REACH OF CHILDREN.

Consult a health care professional prior to use if you are taking medication or have a medical condition.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.