



MY GUARANTEE

The ingredients in this bottle are what I have long recommended taking to support your body's natural testosterone production. I designed this product, and all of the JYM products, for my own use. Now you have the same tools to help support your body's healthy testosterone levels, as well as optimize your strength and lean mass gains.*



Jim Stappani, PhD
Owner - JYM Supplement Science



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For questions regarding JYM products go to:
@JimStappani @JimStappaniPhD
or JYMSupplementScience.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.



This product was produced in a GMP-compliant facility. Good Manufacturing Practices, or GMPs, are a set of standards which ensure the purity and proper labeling of dietary supplements.

ALPHA

1000mg
FENUGREEK
AMOUNT PER DAY

1000mg
ASHWAGANDHA
AMOUNT PER DAY

200mg
EURYCOMA
AMOUNT PER DAY

TESTOSTERONE SUPPORT*

ACTIVE TESTOSTERONE-OPTIMIZING INGREDIENTS
TO HELP SUPPORT MUSCLE GROWTH,
STRENGTH, AND HEALTHY
TESTOSTERONE LEVELS*

DIETARY SUPPLEMENT
180 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 3 Capsules
Servings Per Container: 60

Amount Per Serving

Fenugreek Seed Extract (<i>Trigonella foenum-graecum</i>) (50% saponins=250mg)	500mg	†
Damiana Leaf Powder (<i>Turnera diffusa</i>)	500mg	†
Ashwagandha Root Extract (<i>Withania somnifera</i>)	500mg	†
Diindolylmethane	250mg	†
Tongkat ali Root Extract (<i>Eurycoma longifolia</i>)	100mg	†
Quercetin (as Quercetin Dihydrate)	250mg	†

† Daily Value not established

OTHER INGREDIENTS: Hypromellose Capsule, Magnesium Stearate Vegetable Source, Silicon Dioxide.

DIRECTIONS: Take one serving (3 capsules) with a meal twice a day. On non-training days, take one serving in the morning and one serving at night. On training days, take one serving about an hour before workouts and take one serving in the morning or at night, depending on when you train.

WARNINGS: Consult your physician prior to using this product if you are pregnant, nursing or taking medication, under the age of 18, or have a medical condition. Discontinue use two weeks prior to surgery.

KEEP OUT OF REACH OF CHILDREN.

Store at 15-30°C (59-86°F). Protect from heat, light and moisture. Do not purchase if seal is broken.

DISTRIBUTED BY:

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