PRODUCT INFORMATION: One tablet typically provides:		%NRV
Vitamin E (75iu)	50mg α-TE	41
Vitamin C	100mg	12
Riboflavin (vitamin B2)	5mg	35
Zinc	4ma	4
Manganese	1.3mg	6
Selenium	50µg	9
Beta carotene	2.3mg	
Reduced glutathione	20mg	
Alpha lipoic acid	10mg	
L-cysteine	10mg	
Co-enzyme Q10	5mg	
Bilberry fruit extract 4:1	2.5mg	
- Equivalent to bilberry fruit	10mg	
*NRV = Nutrient Reference Value		

INGREDIENTS: Natural lithothamnion calcareum, ascorbic acid (vitamin C), bulking agent: microcrystalline cellulose, d-alpha tocopherol succinate (natural vitamin E), beta carotene (antioxidant: dl-alpha tocopherol), reduced glutathione, zinc citrate, l-cysteine, alpha lipoic acid, anti-caking agent: magnesium stearate, manganese citrate, riboflavin (vitamin B2), anti-caking agent: silicon dioxide, co-enzyme Q10, zein protein coating, bilberry (vacinium myrtillus) fruit extract, t-selenomethionine.

FREE FROM: Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, sova, wheat,

HIGHER **NATURE**®

EVERYDAY ESSENTIALS

SUPER ANTIOXIDANT PROTECTION

With selenium. bilberry, glutathione & CoQ10



180 tablets vegetarian and vegan

SUPER ANTIOXIDANT PROTECTION **FOOD SUPPLEMENT - 180 TABLETS**

✓ Vitamins B2. C and E. zinc. selenium and manganese help to protect cells from oxidative damage

DIRECTIONS: Take 1-3 tablets a day with meals. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

WARNING: B vitamins may turn urine bright yellow - this is normal.

STORAGE: Store in a cool, dry place out of reach of children.

Highernature.com

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