

Suggested Usage: Take 1 capsule 1 to 3 times daily with food.

Coenzyme Q10 (CoQ10) is a vitamin-like compound that plays a central role in cellular energy production.* CoQ10 is found throughout the body, but is especially concentrated in the heart, liver, and kidney and production has been found to decline with age. CoQ10 works as a potent free radical scavenger in cell membranes, as well as within blood vessels.* Years of scientific research have shown that CoQ10 helps to maintain a healthy heart and vascular system.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

CAPSULE SIZE

CODE 3190B V4



General Health

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Coenzyme Q10 (CoQ10)	30 mg**
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** Daily Value not established.

Other ingredients: Rice Flour and Hypromellose (cellulose capsule).

Quality Tested & Packaged by NOW FOODS
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nowfoods.com

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

NOW® CoQ10 is pharmaceutical grade. NOW CoQ10 products contain only the all-trans form of CoQ10 produced by fermentation.

Store in a cool, dry place after opening.

