

Suggested Usage: Take 1 softgel 1 to 2 times daily with food.

Coenzyme Q10 (CoQ10) is a vitamin-like compound that plays a central role in cellular energy production.* CoQ10 is found throughout the body, but is especially concentrated in the heart, liver, and kidney and production has been found to decline with age. CoQ10 works with vitamin E as a potent free radical scavenger in cell membranes, as well as within blood vessels.* Years of scientific research have shown that CoQ10 helps to maintain a healthy heart and vascular system.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

NOW® CoQ10 is pharmaceutical grade. NOW CoQ10 products contain only the all-trans form of CoQ10 produced by fermentation.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Store in a cool, dry place after opening.

CODE 3198B V6



SOFTGEL SIZE



CoQ10

400 mg

Cardiovascular Health*

- Supports Energy Production*
- With Vitamin E & Sunflower Lecithin



60 Softgels
A Dietary Supplement



General Health

Family owned since 1968.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	5	
Total Fat	0.5 g	< 1%**
Vitamin E (as d-alpha Tocopherol) (soy-free)	20 mg	133%
Coenzyme Q10 (CoQ10)	400 mg	†
Sunflower Lecithin	35 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water, organic caramel color], Organic Extra Virgin Olive Oil and Silicon Dioxide.

Manufactured & Quality Tested by NOW FOODS
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Not manufactured with wheat, gluten, soy, corn, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens. Contains no titanium dioxide. Separation and color variation in the softgel may occur. This is natural and doesn't affect product quality.

