## PRODUCT INFORMATION:

One capsule typically provides: Cold pressed starflower Oil of which:

1000mg

- GLA (gamma-linolenic acid) 220mg

INGREDIENTS: Starflower oil (borage) (antioxidant: citric acid); capsule shell: gelatine (bovine), glycerine; antioxidant: mixed tocopherols (natural vitamin E).

FREE FROM: Artificial colours, flavourings, preservatives, dairy products, gluten, lactose, salt, soya, starch, sugar, wheat, yeast. Our borage oil is free from pyrrolizidine alkaloids.

## HIGHER NATURE<sub>®</sub>

## STARFLOWER OIL

For more GLA



## STARFLOWER OIL FOOD SUPPLEMENT - 30 CAPSULES

- ✓ Starflower oil contains twice as much GLA as evening primrose oil
- ✓ For women of all ages

DIRECTIONS: Take 1 capsule a day with a meal. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

**STORAGE**: Store in a cool, dry place out of reach of children.



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One month's supply 30 capsules