

Suggested Usage: Take 1 softgel 1 to 2 times daily with food. Coenzyme Q10 (CoQ10) is a vitamin-like compound that plays a central role in cellular energy production.* CoQ10 is found throughout the body, but is especially concentrated in the heart, liver, and kidney and production has been found to decline with age. CoQ10 works with vitamin E as a potent free radical scavenger in cell membranes, as well as within blood vessels.* Years of scientific research have shown that CoQ10 helps to maintain a healthy heart and vascular system.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

NOW® CoQ10 is pharmaceutical grade. NOW CoQ10 products contain only the all-trans form of CoQ10 produced by fermentation.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

SOFTGEL SIZE

CODE 3199B V5



CoQ10

400 mg

Cardiovascular Health*

- Supports Energy Production*
- With Vitamin E & Sunflower Lecithin



30 Softgels
A Dietary Supplement



General Health

Family owned since 1968.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	5	
Total Fat	0.5 g	< 1%**
Vitamin E (as d-alpha Tocopherol) (soy-free)	20 mg	133%
Coenzyme Q10 (CoQ10)	400 mg	†
Sunflower Lecithin	35 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water, organic caramel color], Organic Extra Virgin Olive Oil and Silicon Dioxide.

Manufactured & Quality Tested by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
nowfoods.com

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Contains no titanium dioxide. Separation and color variation in the softgel may occur. This is natural and doesn't affect product quality.

Store in a cool, dry place after opening.

