

Suggested Usage: Take 1 capsule daily with a meal.

Coenzyme Q10 (CoQ10) is a vitamin-like compound that plays a central role in cellular energy production.* CoQ10 is found throughout the body, but is especially concentrated in the heart, liver, and kidney and production has been found to decline with age. CoQ10 works as a potent free radical scavenger in cell membranes, as well as within blood vessels.* Years of scientific research have shown that CoQ10 helps to maintain a healthy heart and vascular system.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

CAPSULE SIZE





CoQ10

150 mg

Cardiovascular Health*

- Cellular Energy Production*
- Supports Heart Function*

100 Veg Capsules

A Dietary Supplement Vegetarian/Vegan 

General Health

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving	
Coenzyme Q10 (CoQ10)	150 mg**
Soy Lecithin	70 mg**

** Daily Value not established.

Other ingredients: Microcrystalline Cellulose, Hypromellose (cellulose capsule), Magnesium Stearate (vegetable source) and Silicon Dioxide.

Quality Tested & Packaged by NOW FOODS
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nowfoods.com

Not manufactured with wheat, gluten, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

NOW® CoQ10 is pharmaceutical grade. NOW CoQ10 products contain only the all-trans form of CoQ10 produced by fermentation.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

